

Transfection of CTGF siRNA inhibits transdifferentiation in human lens epithelium cell line B3 *in vitro*

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CTGF siRNA 转染对体外培养人晶状体上皮细胞株 B3 转分化的抑制作用

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摘要

目的:研究脂质体介导 CTGF siRNA 转染对人晶状体上皮细胞(HLEC)株 B3 CTGF 和 α -SMA 表达的影响。

方法:5'-异硫氰酸荧光素标记的 CTGF siRNA 与脂质体混合,并转染 HLECs,通过荧光转染评估转染率。我们用 CCK-8 来评价转染组和对照组的细胞活力并使用实时定量 RT-PCR,细胞免疫化学和 Western blot 来分析 CTGF 和 α -SMA 在转染后的表达改变。

结果:脂质体介导的 CTGF siRNA 转染呈现出高效的转染率。转染率在 24h 高达 95%。CTGF siRNA 72h 转染能有效抑制 HLECs 的增殖。CTGF siRNA 转染 24h 后 CTGF 和 α -SMA 的表达量都显著下降,而对照组则无类似效应。

结论:CTGF siRNA 能够有效降低 CTGF 和 α -SMA 的表达。

关键词:结缔组织生长因子;小干扰 RNA;脂质体;转分化

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Abstract

• **AIM:** To investigate the expression of connective tissue growth factor (CTGF) and α -SMA in human lens epithelium cell (HLEC) line B3 after transfection by liposome-coated siRNA targeting CTGF.

• **METHODS:** HLECs were transfected with small interfering RNA (siRNA) targeting CTGF, labeled with 5'-fluorescein isothiocyanate (5'-FITC) and coated with lipofectamine. The transfection ratio was evaluated *via* fluorescence intensity. Cell counting kit-8 (CCK-8) assay was performed to assess cytotoxicity of both non-transfected and transfected HLECs. Quantitative RT-PCR, cell immunocytochemistry and Western blot analysis were conducted to detect the expression changes of CTGF and α -SMA after transfection.

• **RESULTS:** A highly effective transfection ratio was observed in siRNA co-transfected with lipofectamine. The transfection ratio reached 95% at 24h. The proliferation of HLECs was inhibited by siRNA after 72h transfection. The expression of CTGF and α -SMA significantly decreased in HLECs after transfected by CTGF siRNA for 24h. This effect was not found in negative control siRNA.

• **CONCLUSIONS:** SiRNA targeting CTGF decreased CTGF and α -SMA expression in HLECs, which is a potential therapeutic strategy for posterior capsular opacification.

• **KEYWORDS:** connective tissue growth factor; small interfering RNA; lipofectamine; transdifferentiation

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INTRODUCTION

Posterior capsule opacification (PCO) is a common complication of cataract phacoemulsification surgery. It acutely affects vision. It is caused mainly by proliferation and differentiation of residual lens epithelial cells, lens epithelium

cells (LECs) migration and epithelial mesenchymal transition (EMT). EMT, in turn, is characterized by decreased expression of E-cadherin and increased expression of α -SMA^[1]. PCO manifests Elschnig-pearl, Peripheral Soemmering's ring (central PCO in the visual axis), cortex proliferation and cholesterol crystal in some cases. It responds to neodymium-doped yttrium aluminium garnet (YAG) laser capsulotomy quite well and the eyesight can be restored effectively. The operation, however, has vision-related complications, and may damage the intraocular lens (IOLs). TGF- β , on the other hand, can activate proliferation and promote stromal-derived cells such as fibroblasts, smooth muscle cells. They can also aid cell proliferation, differentiation, adhesion and other important physiological activities^[2]. It has been known that neutralizing the expression of connective tissue growth factor (CTGF) can significantly block the TGF- β_2 -induced EMT synthesis due to failure to activate Smad signaling pathway in human LECs (HLECs)^[3]. TGF- β_2 , CTGF and gremlin have been demonstrated to interact in the course of EMT in different tissues and organs, and TGF- β_2 can increase the expression of CTGF and gremlin in different tissue^[4]. Previous studies have testified that we could inhibit the EMT of TGF- β_2 on astrocytes and renal tubular epithelial cells by specifically blocking CTGF and gremlin^[5-6]. TGF- β_2 is regarded as a prime factor leading to PCO^[7-9]. The effect of TGF- β_1 on HLECs however, stays unknown to us.

CTGF is one of the downstream products of TGF- β_1 ^[10]. It is a chief variable in the induction of EMT, proliferation and the transdifferentiation of residual lens epithelial cells^[11]. It was detected that there were increased expression of CTGF-mRNA accompanied with Collagen I and α -SMA in the residual debris of PCO^[12]. α -SMA is an important sign of EMT and extracellular matrix (ECM) synthesis in HLECs. E-cadherin and α -SMA help mediate cell-matrix adherence and myofibroblast^[13]. Both E-cadherin and α -SMA involve in EMT in HLECs^[14]. The complicated relationship among TGF- β_1 , CTGF and α -SMA, nevertheless, has not been clarified.

In this study, we were interfering with the growth of HLECs by liposomal transfection of CTGF-siRNA *in vitro* cell culture experiment to explore the interaction among TGF- β_1 , CTGF and PCO.

SUBJECTS AND METHODS

Culture and Treatment of HLECs HLEC line-B3 was purchased from ATCC (Manassas, VA, USA). HLEC-B3 is adherent cell. They were seeded into culture dishes with DMEM containing 5% fetal bovine serum (FBS). The HLECs were synchronized by replacing the nutrient medium with serum-free DMEM and cultured for 24h when the cells were 75% confluence.

SiRNA Preparation CTGF specific small interfering (CTGF. siRNA) was purchased from Dharmacon (Lafayette, USA). Control non-targeting pool siRNA (Dharmacon) was used as the transfection control (Con. siRNA). The

concentration of CTGF. siRNA and con. siRNA were diluted to 100 nmol/L.

Measurement of Transfection The cells in the experimental group were then treated with 3 mL of serum-free medium containing TGF- β_1 and 4 μ g siRNA CTGF marked with 5'-FITC and then mixed with 50 μ L Opti-MEM1. The mixture was treated with lipofectamine RNAiMAX for a further 12h, and 24h before cells were harvested for further analysis.

Cell Counting Kit-8 (CCK-8) Assay The effect of CTGF. siRNA on proliferation of HLECs was detected by CCK-8 assay (Beyotime Company, Shanghai, China) to evaluate the effect on cell proliferation. HLECs were cultivated in DMEM medium with CTGF. siRNA or negatives control siRNA 8.0 μ L, and then mixed with 50 μ L Opti-MEM1. The mixture was treated with lipofectamine RNAiMAX and then seeded into 96-well plates at a density of 5000 cells/well. After that, the mixture was cultured for 24, 48 and 72h respectively. At the said time points, 100 μ L DMEM and 10 μ L CCK-8 were added to each well, and the cells were incubated for additional 2h at 37°C. After the supernatant was removed, the absorbance at 450nm wavelength was recorded by a microplate reader (Bio-Rad Laboratories, California, USA.).

The Effect of CTGF. siRNA on Expressions of CTGF and α -SMA in HLECs via Induction of TGF- β_1

Grouping method of quantitative real-time PCR (qPCR), cell immunocytochemistry and Western blot experiments

1) Mock group (C group): HLECs were cultivated in DMEM medium with high glucose and mixed with 50 μ L Opti-MEM1. The mixture was treated with lipofectamine RNAiMAX (Invitrogen, Shanghai, China) for 24h (as per the lipofectamine manufacturer's instructions); 2) TGF- β_1 + siRNA group (T + SI group): HLECs were cultivated in DMEM/high glucose medium with TGF- β_1 10 ng/mL and CTGF. siRNA 8.0 μ L, and then mixed with 50 μ L Opti-MEM1. The mixture was treated with lipofectamine RNAiMAX for 24h; 3) TGF- β_1 group (T group): HLECs were cultivated in DMEM/high glucose medium with TGF- β_1 10ng/mL, and then mixed with 50 μ L Opti-MEM1. The mixture was treated with lipofectamine RNAiMAX for 24h; 4) TGF- β_1 + control siRNA group (T + SC group): HLECs were cultivated in DMEM/high glucose medium with TGF- β_1 10 ng/mL and CTGF Con. siRNA 8.0 μ L, then mixed with 50 μ L Opti-MEM1. The mixture was treated with lipofectamine RNAiMAX for 24h.

Quantitative Real-time PCR (qPCR) HLECs in culture bottles were washed for four times with DMEM after grouping treatments for 24h. Total HLECs RNAs were extracted by using a Trizol total RNA extraction kit (Invitrogen Company, Shanghai, China) as per the manufacturer's instructions. Reverse transcription was then performed by using cDNA synthesis kit from Fermentas Co., Ltd. (Lithuania). The PCR primers were designed and synthesized by Invitrogen Biotechnology (Shanghai, China) as follows:

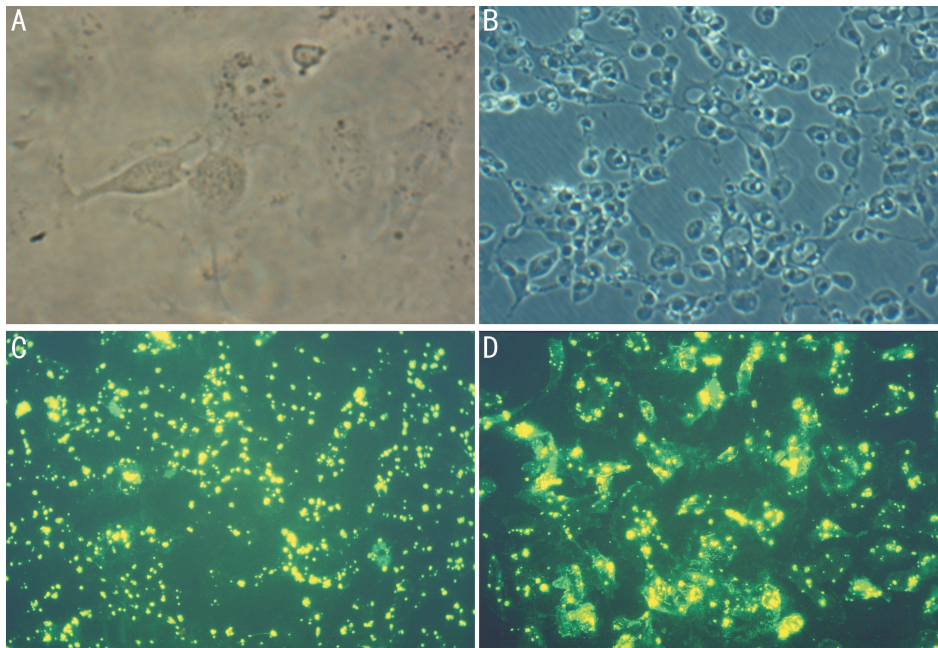


Figure. 1 The morphology and fluorescent image of HLECs *in vitro* HLECs were spindle, star, pyramidal or irregular in shape. (A; $\times 100$); The cells cultured under lower osmotic pressure appeared to be swollen and round in shape. (B; $\times 100$); The positive rate of siRNA CTGF-5'-FITC transfection with lipofectamine for 12 hours (C) was 85% and for 24h (D) was 95%. ($\times 200$).

α -SMA_F, 50-GACAATGGCTCTGGGCTCTGTAA-30 and α -SMA_R, 50-CTGTGCTTCGTCACCCACGTA-30; CTGF_F, 50-CTTGCGAAGCTGACCTGGAA-30 and CTGF_R, 50-TCTGTACGCAGGTGATTGCTG-30;

qPCR reaction was performed on Bio-Rad IQ5 thermal cycler (Bio-Rad, California, USA). The results were analyzed with BioQ software to obtain Ct value for each PCR reaction, and $\Delta\Delta$ Ct method was used to calculate the levels of gene expression.

Cell Immunocytochemistry The direct visual observation of CTGF and α -SMA protein was performed by immunocytochemistry after 24-hour grouping treatments. HLECs were plated at a density of 6×10^4 cells/mL. The cells were fixed with 4% paraformaldehyde for 15min. The fixed HLECs cells were permeabilized with 0.1% Triton X-100 in PBS for 10min. The cells were subsequently incubated in 3% H_2O_2 for 10min. The HLECs were blocked in 5% goat serum for 20min and incubated with rabbit anti-human CTGF (1:100 dilution) or mouse anti-human α -SMA (1:100 dilution) overnight. Following three washes with PBS, the slides were incubated with the secondary antibody (polymer helper and then polyperoxidase-anti-mouse/rabbit IgG) for 30min at 37°C. The cells were treated with DAB reagent box (ZSCB-BIO Company, Beijing, China). HLECs were stained with hematoxylin for 20s. The slides were embedded in neutral balsam. The HLECs were seen through a microscope. Representative images were captured with the incorporated digital camera (Olympus image analysis system, Japan). Average optical density (AOD) of the positive were detected and analyzed by image analysis system.

Western Blot After grouping treatments for 24h, the

monolayer cultures were collected with cell scrapers and then lysed with 100 μ L of cell lysis buffer on ice for 30min. The cell lysates were centrifuged and supernatants were collected. Total protein was prepared from each group. The protein concentrations in the supernatants were aliquoted and kept using BCA method (Biosynthesis Biotechnology Company, Beijing, China) for further experiments. A total of 50 μ g protein per sample was electrophoresed by 10% polyacrylamide gel electrophoresis and transferred to nitrocellulose membrane (Millipore Corp., Massachusetts, USA). It was blocked with 5% skimmed milk for 1h at room temperature and incubated overnight at 4 °C with primary antibody specific to CTGF (1:2000; Abcam, Shanghai, China), α -SMA (1:1000; Abcam, Shanghai, China), and β -actin (1:1000; Santa Cruz, Shanghai, China). After washed, the membrane was incubated with secondary antibodies (anti-mouse antibody conjugated, Sigma, USA). The membrane was immersed in enhanced chemiluminescence solution, and then exposed to an X-ray film. After the hybridization of secondary antibodies, the resulting images were analyzed with ChemiImager 4000 (Alpha Innotech Corporation, California, USA).

RESULTS

The Morphology Observation of HLECs *in vitro* The HLECs grew in good condition *in vitro* and the positive rate of siRNA CTGF-5'-FITC transfection with lipofectamine was very high.

The Effect of CTGF siRNA on the HLECs Proliferation

The control group and treated groups show no significant difference in 24h or 48h. ($P > 0.05$, all data were analyzed by SPSS software). The proliferation of HLECs after cell

culture for 72h had significant difference in both groups ($^aP < 0.05$). The cell proliferation was significantly inhibited (Figure 2).

The Effect of CTGF. siRNA and con. siRNA on mRNA Expression of CTGF and α -SMA Analyzed by qPCR

After 24-hour treatment of HLECs with TGF- β_1 , the mRNA levels of CTGF and α -SMA were significantly up-regulated. (Figure 3 T group compared to C group $^aP < 0.01$). In contrast, the increased mRNA levels of CTGF and α -SMA induced by TGF- β_1 was suppressed after 24h treatment with CTGF siRNA. (Figure 3 T+SI group compared to T+SI group $^bP < 0.05$). There was no major difference between the T and T+ SC group. It indicated the CTGF control siRNA had no effect on the mRNA expression of CTGF and α -SMA. (Figure 3 $P > 0.05$).

The Effect of CTGF. siRNA and con. siRNA on Protein Expression of CTGF and α -SMA Analyzed by Cell Immunocytochemistry

The expression of CTGF and α -SMA were effectively promoted after 24-hour treatment of HLECs with 10ng/ml TGF- β_1 . (Figure 4 T group compared to C group $^aP < 0.05$). The increased levels of CTGF and α -SMA induced by TGF- β_1 were, nonetheless, reduced after 24h of being transfected with CTGF. siRNA. (Figure 4 T+SI group compared to T+SI group $^bP < 0.05$). Simultaneously, CTGF control siRNA had no effect on the expression of CTGF and α -SMA and there was also no significant difference between the C and T+ SI group probably due to the insensitivity of Cell immunocytochemistry analysis. (Figure 4 $P > 0.05$).

The Effect of CTGF. siRNA and con. siRNA on Protein Expression of CTGF and α -SMA Analyzed by Western blot

The protein expression of CTGF and α -SMA increased notably after 24h treatment of HLECs with 10 ng/ml TGF- β_1 . (Figure 5 T group compared to C group $^aP < 0.05$). However, transfection with CTGF. siRNA effectively suppressed TGF- β_1 -induction of CTGF and α -SMA in HLECs (Figure 5 T+SI group compared to T+SI group $^bP < 0.05$). CTGF control siRNA did not affect the expression of CTGF and α -SMA (Figure 5, $P > 0.05$). And there was no significant difference between the C and T+ SI group with the α -SMA Western blot analysis (Figure 5 C groups compared to T+SI group $P > 0.05$). CTGF Western blot analysis, however, showed the difference between the C and T+ SI group (Figure 5 C group compared to T+SI group $^cP < 0.05$).

DISCUSSION

It is widely known that the lens epithelia proliferation and migration from equator of anterior capsular to the center of posterior capsule are the common cytological basis of posterior capsular opacification^[15]. The epithelial - mesenchymal transition and collagen deposition is also the pathological process in PCO. Antimetabolites such as colchicine, mitomycin (MMC), 5-FU and daunorubicin were used to treat PCO. They have highly inhibited the growth of LECs. However, antimetabolites do have side-effect on exposed cells and create numerous toxic actions to human tissues. YAG

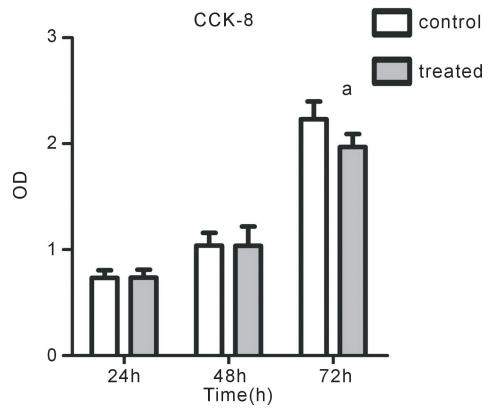


Figure 2 Effect of CTGF. siRNA on the HLECs proliferation $^aP < 0.05$.

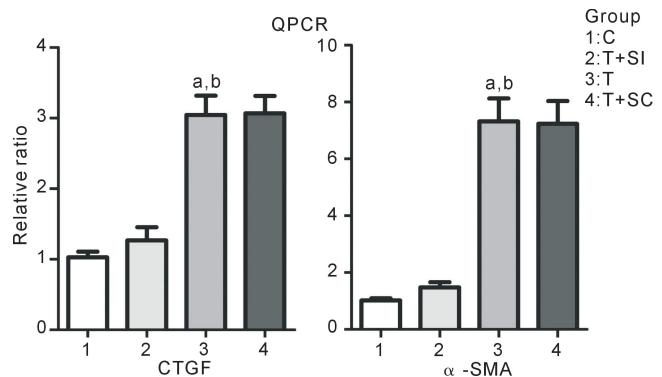


Figure 3 Effect of CTGF. siRNA and con. siRNA on mRNA expression of CTGF and α -SMA analyzed by qPCR $^aP < 0.05$ vs C Group; $^bP < 0.05$ vs T+SI Group.

laser capsulotomy can quickly and effectively restore vision. The operation, however, might lead to severe complications such as breakup of anterior vitreous membrane, posterior vitreous detachment, retinal detachment and macular edema. Besides, postoperative residual lens epithelial cells could be activated by surgical stress. PCO, consequently, will be exacerbated^[16]. On the other hand, infant surgery toward PCO might also fail due to non-compliance. New therapy, therefore, need to be developed to treat this problem.

It has been demonstrated that TGF- β , CTGF, and gremlin are connected to Smad signaling^[17-18]. As an activating factor, TGF- β unites with T β R-II (one of TGF- β s ligands). Then the conformation changes to compose T β R-II- TGF- β -T β R-I tripolymer. The tripolymer transmits signals to HLECs nucleus by Smad pathway to active the following biological effects. CTGF, as a downstream cytokine of Smad pathway, enhances the effect of proliferation and fibrosis. CTGF stimulates ECM synthesis in HLECs transdifferentiated cells, leading to the formation of plaque-like aggregation and excessive ECM production. The mechanism how Smad proteins interact with CTGF, however, is very complicated. It is associated with different cell types and microenvironments. The mechanism, therefore, should be explored by different biotechnology methods.

There are also other signaling pathways, including ERK1/2, p38 MAPK, JNK, STAT3 and PKC. The pathways are

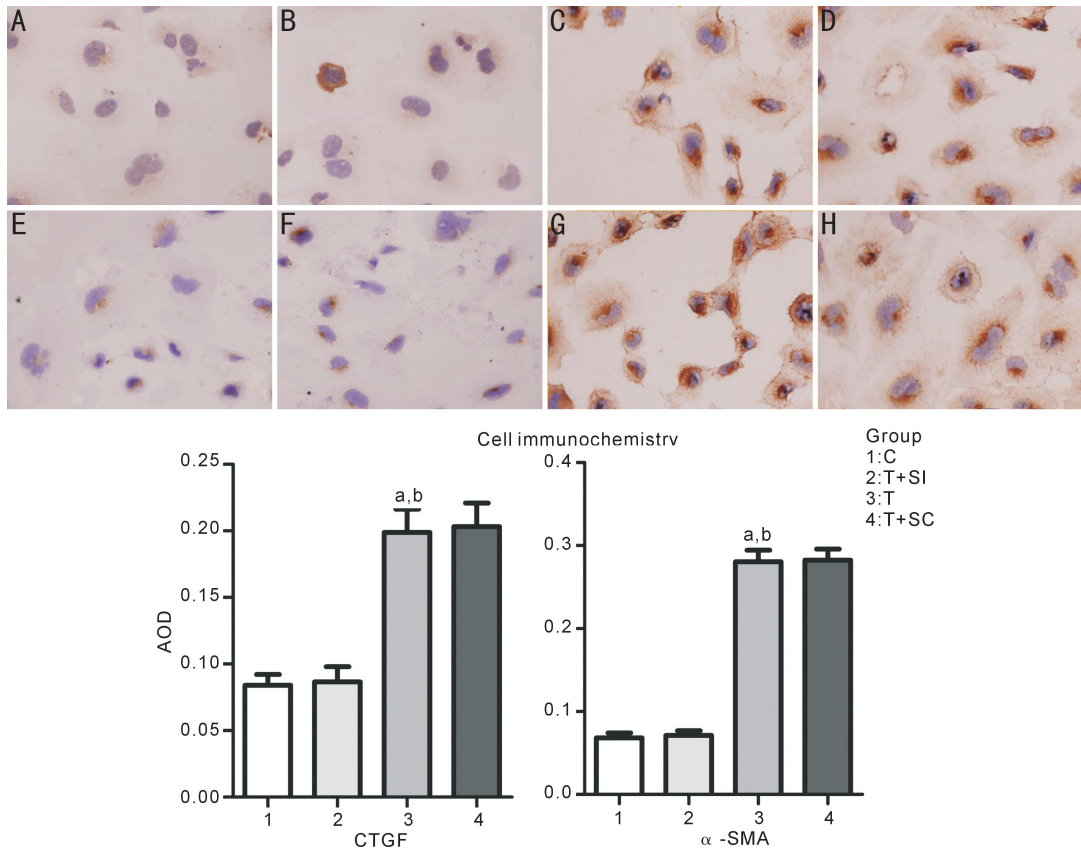


Figure 4 Effect of CTGF. siRNA and con. siRNA on protein expression of CTGF and α -SMA analyzed by Cell immunocytochemistry. Brown granules were found in the cytoplasm of HLECs; AOD of the granules were statistically analyzed. A, B, C and D respectively indicated CTGF protein expression in C, T+SI, T and T+SC group; on the contrary, E, F, G, H respectively indicated α -SMA protein expression in C, T+SI, T, and T+SC group. ^a $P < 0.05$ vs C Group; ^b $P < 0.05$ vs T+SI Group.

involved in the TGF- β_1 -induced up-regulation of CTGF expression in other cell types^[19-22]. Many transcription factors and microRNAs are also involved in the various growth factors, including cytokines and hormones that regulate CTGF expression^[23]. Among them, TGF- β_1 can profoundly up-regulate CTGF expression in many different cell types^[24]. CTGF can promote cell mitosis and proliferation of fibroblasts as well as synthesize collagen, mediate cell adhesion, enhance fibrosis, and regulate extracellular matrix (ECM) synthesis^[25-26]. TGF- β and CTGF are catalytic in transdifferentiation of intraocular LECs in the eye^[27-28].

In qPCR, cell immunocytochemistry and Western blot experiment, the expression of CTGF and α -SMA had been significantly increased by transfection with 10 ng/mL TGF- β_1 for 24h compared to control group. It may support the conclusion that the expression of CTGF and α -SMA could be remarkably increased by TGF- β_1 . However the induction effect of TGF- β_1 could be inhibited by 30 μ g/mL CTGF siRNA on the siRNA group and it may manifest that the induction to expression of CTGF and α -SMA by TGF- β_1 could be blocked by siRNA at mRNA and protein level. On the SC group, there was no significant difference of the expression of CTGF and α -SMA compared to TGF- β_1 group. It was indicated in our experiment that CTGF siRNA specially inhibited HLECs transdifferentiation induced by TGF- β_1 . We could get the conclusion that cells transdifferentiation is

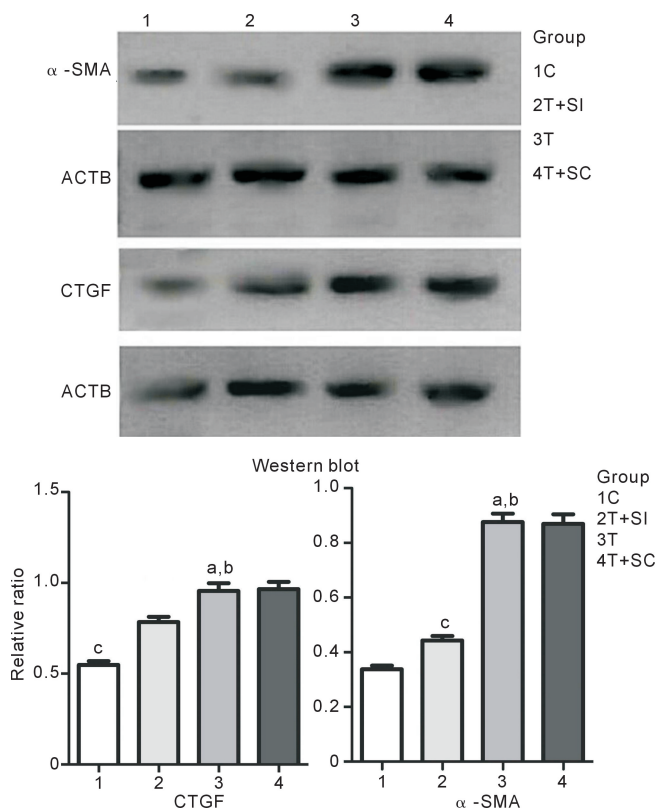


Figure 5 The effect of CTGF. siRNA and con. siRNA on protein expression of CTGF and α -SMA analyzed by Western blot. ^a $P < 0.05$ vs C Group; ^b $P < 0.05$ vs T+SI Group. ^c $P < 0.05$ vs T+SI Group.

stimulated by CTGF pathway. It is induced by TGF- β_1 Smad signal ways. The Synthesis of α -SMA is, furthermore, mediated by CTGF. CTGF is a downstream mediator of TGF- β_1 . It regulates some of biological functions. In our knowledge, this is the first study clarifying the relationship among TGF- β_1 , CTGF and α -SMA in HLECs. As α -SMA is an important sign of EMT, CTGF. siRNA could stop the EMT process induced by TGF- β_1 .

In addition, there was also no significant difference of CTGF and α -SMA expression between the C and T+ SI group by cell immunocytochemistry analysis. Western blot, however, showed the difference of CTGF expression. The discrepancy may be related to the low sensitivity of cell immunocytochemistry analysis. In summary, cell immunocytochemistry may be more presentational and easier to perform. Western blot, however, is much more accurate when quantitative eye research is needed.

In the experiments toward HLECs *in vitro*, when it reached 24h, transfection approached to the peak when there were tiny fluorescent particles in cytoplasm of 95% cells. It means that Opti-MEM1 and lipofectamine can be effectively applied on the transfection of siRNA in HLECs.

Our experiments, moreover, manifested that the effect of siRNA on HLECs proliferation showed no significant difference compared to negatives control siRNA until it reached 72h. It suggested siRNA at 72h started to work and specially inhibited the HLECs proliferation.

In conclusion, learning from the data of other researches and our study, we have explored a possible mechanism of TGF- β_1 function on PCO. Cataract surgery may elevate the level of TGF- β in aqueous humor and increase TGF- β expression in anterior chamber^[29]. Activated TGF- β_1 subsequently increases the expressions of CTGF in HLECs. In turn, it activates proliferation and transdifferentiation of LECs into myofibroblast. Our study demonstrated that CTGF. siRNA had notable effect on the EMT induced by TGF- β_1 in HLECs. Therefore, it may be a new strategy to inhibit the expression of CTGF and to prevent and treat anterior subcapsular cataract. CTGF. siRNA, furthermore, may prevent the PCO infants from reoperations to remove the cloudy posterior capsule.

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