

# Unilateral foveomacular retinitis resembling solar retinopathy among young soldiers in Korean army and associated multimodal imaging findings

Chang Ki Yoon<sup>1,2</sup>, Kyu Hyung Park<sup>1</sup>, Se Joon Woo<sup>1</sup>

<sup>1</sup>Department of Ophthalmology, Seoul National University College of Medicine, Seoul National University Bundang Hospital, Seongnam 13620, Korea

<sup>2</sup>Department of Ophthalmology, Hallym University College of Medicine, Hallym University Kangnam Sacred Heart Hospital, Seoul 07441, Korea

**Correspondence to:** Se Joon Woo. Department of Ophthalmology, Seoul National University Bundang Hospital, #82, Gumi-ro 173beon-gil, Bundang-gu, Seongnam-si, Gyeonggi-do 13620, Korea. sejoon1@snu.ac.kr

Received: 2019-09-20 Accepted: 2019-11-05

## Abstract

• **AIM:** To describe the clinical features and multimodal images of unilateral foveomacular retinitis in young Korean soldiers.

• **METHODS:** Ten patients having foveomacular retinitis were included. Fluorescein angiography, fundus autofluorescence (FAF), infrared reflectance (IR), and spectral-domain optical coherence tomography (SD-OCT) were analyzed.

• **RESULTS:** All patients were young males experienced insidious visual decline without exposure to bright light. Initial and final vision ranged from hand movement to 20/20 (median 20/200) and 20/2000 to 20/20 (median 20/500), respectively. Vision decreased in 6 patients while improved in two. Typical macular abnormality was yellow granular spots. SD-OCT showed ellipsoid zone (EZ) or interdigitation zone (IZ) disruption of fovea. The degree of EZ/IZ damage correlated with vision. Lesions were clearly visualized through IR and matched with SD-OCT findings.

• **CONCLUSION:** This is the first case series of foveomacular retinitis diagnosed with multimodal imaging. Foveomacular retinitis should be suspected in sudden unilateral visual decline especially in young soldiers. SD-OCT is the most important diagnostic modality.

• **KEYWORDS:** foveomacular retinitis; Korean; multimodal; imaging; solar retinopathy; soldiers; unilateral

**DOI:10.18240/ijo.2020.01.16**

**Citation:** Yoon CK, Park KH, Woo SJ. Unilateral foveomacular retinitis resembling solar retinopathy among young soldiers in Korean army and associated multimodal imaging findings. *Int J Ophthalmol* 2020;13(1):112-119

## INTRODUCTION

Foveomacular retinitis is a term used to describe an eye disease characterized by central vision loss from a foveal retinitis which subsequently develops into a foveal cyst or hole. It was first reported in naval personnel and has been mostly reported and studied in the military field<sup>[1]</sup>. As the fundus appearance of foveomacular retinitis is similar to that of solar retinopathy, it was often regarded as synonymous to solar retinopathy. However, it mostly appears in patients who deny history of exposure to bright light. Besides it has been reported that foveomacular retinitis shows different clinical course and distinct morphologic features from solar retinopathy. Therefore, the pathogenesis of foveomacular retinitis remains poorly understood, not like solar retinopathy.

We recently evaluated 10 patients having foveomacular retinitis from among young Korean soldiers who were referred from the military hospital of South Korea. The patients complained of unilateral visual decline with distinct macular abnormality. Herein, we present the detailed clinical course, including multimodal imaging features, of 10 patients with foveomacular retinitis.

## SUBJECTS AND METHODS

**Ethical Approval** All study conduct adhered to the tenets of the Declaration of Helsinki (Edinburgh, 2000) and the study protocol was approved by the Institutional Review Board of the Seoul National University Bundang Hospital. This was a retrospective study and informed consent was not from patients.

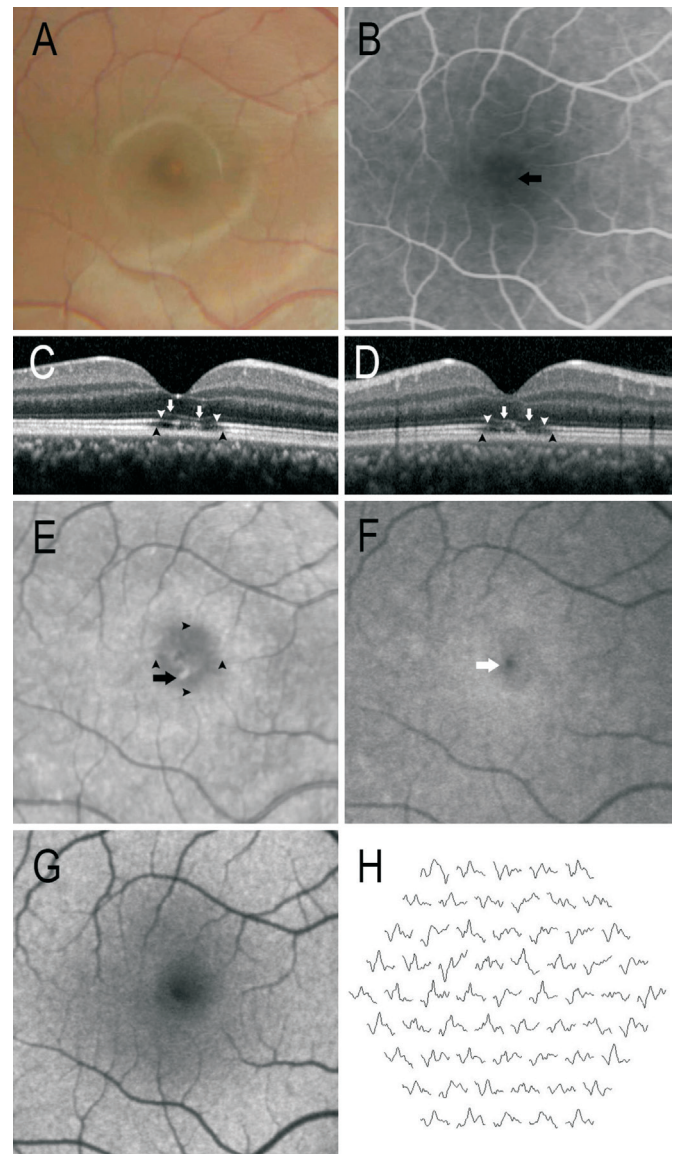
All patients were enlisted personnel who visited the Armed Forces Capital Hospital (AFCH) of South Korea between November 2010 and June 2014, and were referred to the Retina Clinic in Seoul National University Bundang Hospital (SNUBH). All patients underwent a thorough ophthalmologic examination including fundus color photography, fluorescein angiography (FA), and spectral-domain optical coherence

tomography (SD-OCT). Visual field test, electroretinography, and multifocal electroretinography were performed in selected cases. The Cirrus SD-OCT (Carl Zeiss Meditech Inc., Dublin, California, USA) was used to obtain the SD-OCT images. Additionally, Spectralis OCT (Heidelberg Engineering, Heidelberg, Germany) and infrared reflectance (IR; 820 nm) imaging were performed on 7 patients (Cases 1, 3, 4, 5, 7, 9, and 10). Blue-light fundus autofluorescence (FAF; 488 nm) images were obtained for 4 patients (Cases 1, 4, 7, and 10) using Heidelberg retinal angiography (HRA, Heidelberg Engineering, Heidelberg, Germany). Central foveal thickness was measured using the caliper tool provided in the Cirrus SD-OCT software. The best corrected visual acuity (BCVA) was measured with a standard Korean Landolt visual acuity chart, and the decimal visual acuity was converted to the logarithm of the minimal angle resolution (logMAR) units for statistical analyses.

## RESULTS

All ten patients were male and ranged from 19 to 22y in age (mean  $20.0 \pm 1.0y$ ). All patients presented with unilateral central visual disturbances such as central scotoma, blurred vision, or metamorphopsia. Every patient denied the history of bright light exposure such as sun-gazing, laser injury, sunbathing or arc welding and significant trauma. None of the patients could recollect any coexisting viral infection or family history of retinal disease and were taking any medication concurrently. Only one patient (Case 3) was participating in regular military training at the time of onset. Others recollected no hard, outdoor physical drill around the time of onset of symptoms. All patients had been assigned to ground duties. The clinical features of a representative case (Case 7) are presented in Figure 1 and the clinical characteristics of all patients and involved eyes are summarized in Table 1.

Visual acuity at presentation varied between hand movement and 20/20 (median 20/200, average 20/160). The average visual acuity at final follow-up was 20/350 (average follow-up period: 10.1mo). Visual acuity decreased in 6 patients and improved in 2 patients finally (from 20/32 to 20/25 in one case and hand movement to 20/1000 in another). The mean  $\pm$  standard deviation (SD) central foveal thickness was  $191.3 \pm 8.7 \mu m$  in the diseased eyes and  $211.6 \pm 10.0 \mu m$  in the contralateral healthy eyes ( $P=0.005$ , Wilcoxon signed rank test). On fundus photography, retinal lesions were usually located in the central macula area: one or more small yellow granular spots with unclear margins were visible in the foveal region. Large confluent granular yellow lesion with surrounding geographic depigmentation were seen only in Case 10. FA up of mid arteriovenous phase showed hyperfluorescence from retinal pigment epithelium (RPE) atrophy in Cases 2, 5, and



**Figure 1 Results of ophthalmologic examination of a representative case (Case 7) who presented with a visual acuity of 20/200**

A: Color fundus photography showing a small foveal yellow granular spot with surrounding pigment mottling. B: FA showing a mild transmission defect (arrow). C, D: SD-OCT showing external limiting membrane depression (white arrow), EZ defect and fragmentation (white arrowhead), and IZ defect (black arrowhead). Horizontal scan (C) and vertical scan (D). E: IR image (820 nm) showing a granular pattern of hyperreflectivity at the central fovea (arrow) and an enlarged foveal hyporeflexive signal (arrowhead). This alteration is more prominent than in the fundus photograph. F: Blue peak reflectance showing hyper-reflective lesion at fovea (white arrow). G: Blue-light autofluorescence image is unremarkable. H: Multifocal electroretinography displaying decreased amplitudes at central retinal areas.

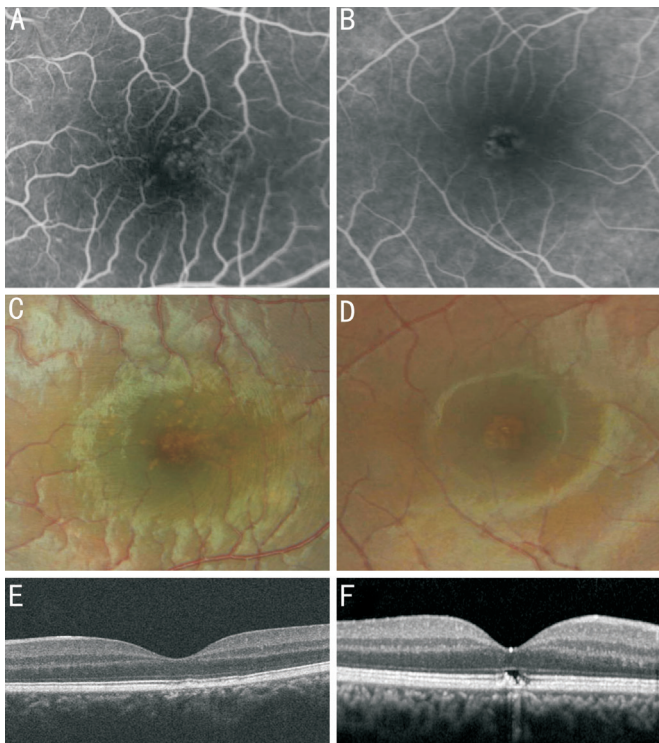
7 (Figures 1 and 2). Unlike these, confluent hypofluorescence with surrounding hyperfluorescence was observed in case 10 (Figure 3). In other 6 patients, abnormal findings were not detected on FA.

**Table 1 Clinical characteristics of patients with foveomacular retinitis**

Case No.	Age (y)	Lat	BCVA (initial)	S.E.	BCVA (final)	FU (mo)	Onset	Symptom	CFT-d	CFT-h	FA	IR	FAF	mfERG	ERG, color vision, HVF	OCT	Group
1	22	R	20/50	0	20/250	4	10d	Central scotoma	178	193	Unremarkable	Abnormal	NL	Unremarkable	NA	EZ blurring	1
2	20	L	20/20	0	20/20	16	Unknown	Central scotoma	188	221	Transmission defect	NA	NA	NA	NA	EZ blurring	1
3	19	L	20/32	-1	20/25	6	3wk	Central scotoma	200	220	NA	Abnormal	NA	NA	NA	EZ blurring	1
4	21	R	20/40	-4.25	NA	NA	2wk	Central scotoma	197	210	Unremarkable	Unremarkable	NL	NA	NA	EZ blurring	1
5	21	R	20/200	-1.75	20/320	9	2mo	Central scotoma	201	223	Transmission defect	Abnormal	NA	Unremarkable	Normal color vision, normal visual field	Hole like defect in EZ	2
6	20	L	20/200	-3.5	20/1000	5	3wk	Metamorphopsia	195	215	Unremarkable	NA	NA	NA	NA	Hole like defect in EZ	2
7	19	R	20/200	-7	20/2000	17	6wk	Central scotoma	201	209	Transmission defect	Abnormal	NL	Reduced central amplitude	Nonspecific scotoma	Hole like defect in EZ	2
8	20	R	20/200	1.25	20/2000	1	Unknown	Blurred vision	178	202	Unremarkable	NA	NA	NA	NA	EZ fragmentation	2
9	19	R	20/400	-1.5	20/500	3	3mo	Blurred vision	182	223	NA	Abnormal	NA	Unremarkable	Normal standard ERG	Hole like defect in EZ	2
10	19	R	HM	-10	20/1000	40	1wk	Central scotoma	193	200	Blocked fluorescence, staining of the edge	Abnormal	Mild hypofluorescence	Reduced central amplitude	Central scotoma	EZ defect, FCE	2

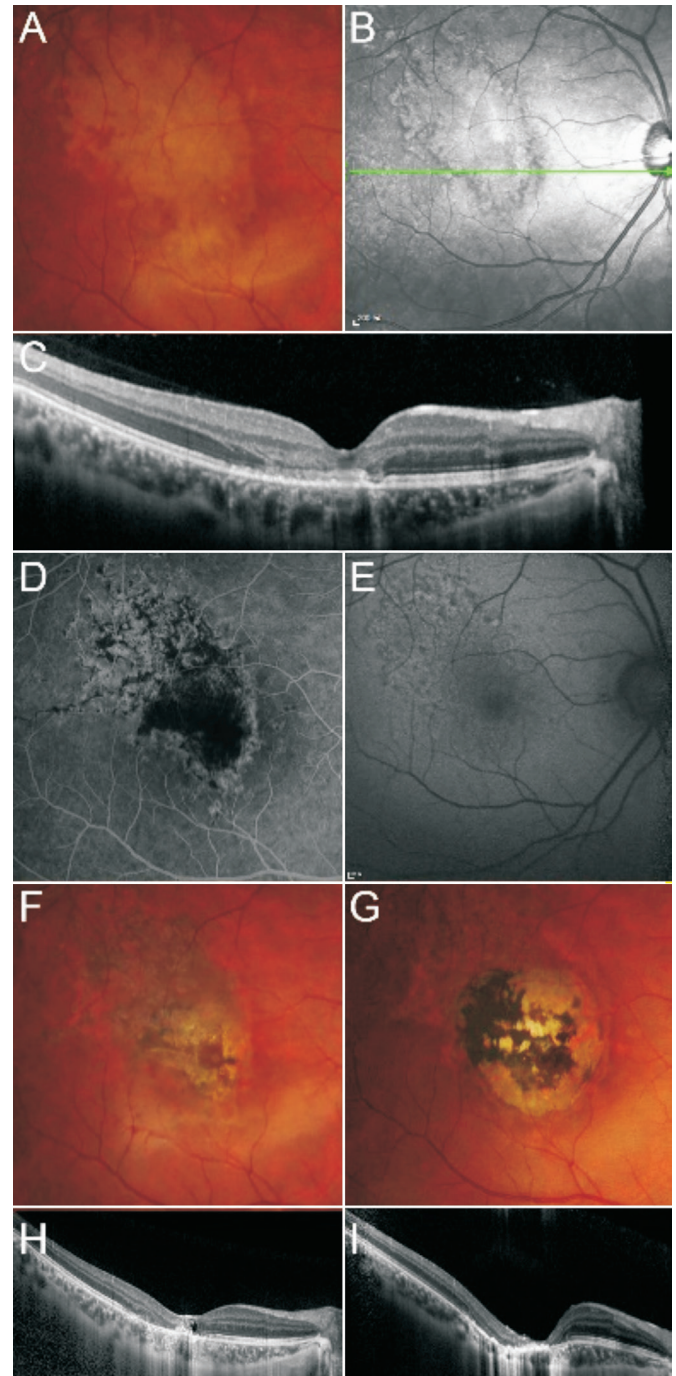
Lat: Laterality of the involved eye; BCVA: Best corrected visual acuity; S.E.: Refractive error by spherical equivalent; FU: Follow up duration; CFT: Central subfoveal thickness; FA: Fluorescein angiogram; IR: Infrared reflectance; FAF: Fundus autofluorescence photo; mfERG: Multifocal electroretinography; HVF: Humphrey visual field test; NA: Test was not performed; NL: Normal; EZ: Ellipsoid zone; IZ: Interdigitation zone; SD-OCT group-1: Mild; 2: Severe photoreceptor disruption; HM: Hand movement; FCE: Focal choroidal excavation.





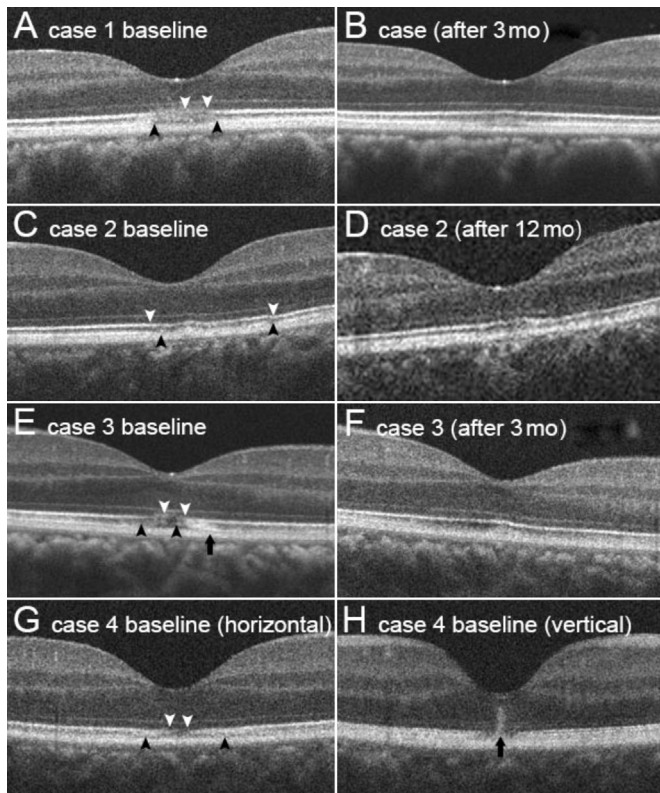
**Figure 2 Fluorescein angiogram, fundus photograph, and SD-OCT** A, C and E: Case 2. A speckled pattern of transmission defects on FA and corresponding pigment mottling on fundus photography are observed. The lesion corresponds to the decreased EZ and RPE reflectivity on OCT. B, D, and F: Case 5. A ring-shaped transmission defect and corresponding pigment mottling are observed. The lesion also coincides with EZ and RPE defect on OCT.

The SD-OCT images showed varying degrees of photoreceptor disruption in all cases. The cases were categorized into two groups based on the severity of photoreceptor disruption. The mild group showed photoreceptor layer blurring with a relatively preserved ellipsoid zone (EZ) (Group 1; Cases 1, 2, 3, and 4; Figure 4) and the severe group had discrete photoreceptor layer defect involving EZ (Group 2; Cases 5, 6, 7, 8, 9, and 10; Figure 5). Case 5 showed a unique, hyperreflective, central columnar structure, which disappeared after 8mo. In Group 1, the EZ was relatively preserved and visual acuity was better than in Group 2 (20/30 vs 20/500 respectively,  $P=0.011$  Wilcoxon rank sum test). The logMAR visual acuity correlated with the photoreceptor defect size in the EZ and interdigitation zone (IZ) (EZ vs logMAR,  $R^2=0.612$ ,  $P=0.008$ ; IZ vs logMAR,  $R^2=0.834$ ,  $P<0.001$ , Spearman correlation; Figure 6). The visual acuity improved in Cases 3 and 10, was maintained in Case 2 of Group 1 and declined in all other cases. However, during follow-up, outer retinal contour disruption recovered and EZ defect size decreased in Cases 1, 3, 5, 6, and 7. In Case 10, thickened outer plexiform layer and a hyperreflective band continuous with the external limiting membrane were observed; focal choroidal excavation (FCE) gradually developed during 3y of follow-up (Figure 3).



**Figure 3 Case 10** A: Fundus photography at first visit shows yellow hypopigmented geographic lesion at macula. IR images (B) and OCT (C) at first visit. Hyperreflective lesion is well visualized and the margin of the lesion is delineated sharply with hyporefective line in FAF. On OCT, thinning in the outer nuclear layer and disruption of photoreceptor layers are observed. A hyperreflective band continuous with external limiting membrane is detected. Fundus FA (D) 1mo after first visit, showing tissue defect. FAF image (E) and fundus photography (F) at 2mo shows central dark pigmentation and RPE atrophy. H: OCT at 2mo shows outer retinal disruption, hyperreflective dots, and cysts in the fovea. G: Fundus photography after 1y shows central dark pigmentation and surrounding circular chorioretinal atrophy. I: OCT shows progression of outer retinal layer thinning. FCE and choroidal thinning have developed and the choroidal lesion corresponds to the round atrophic lesion seen in fundus photography.



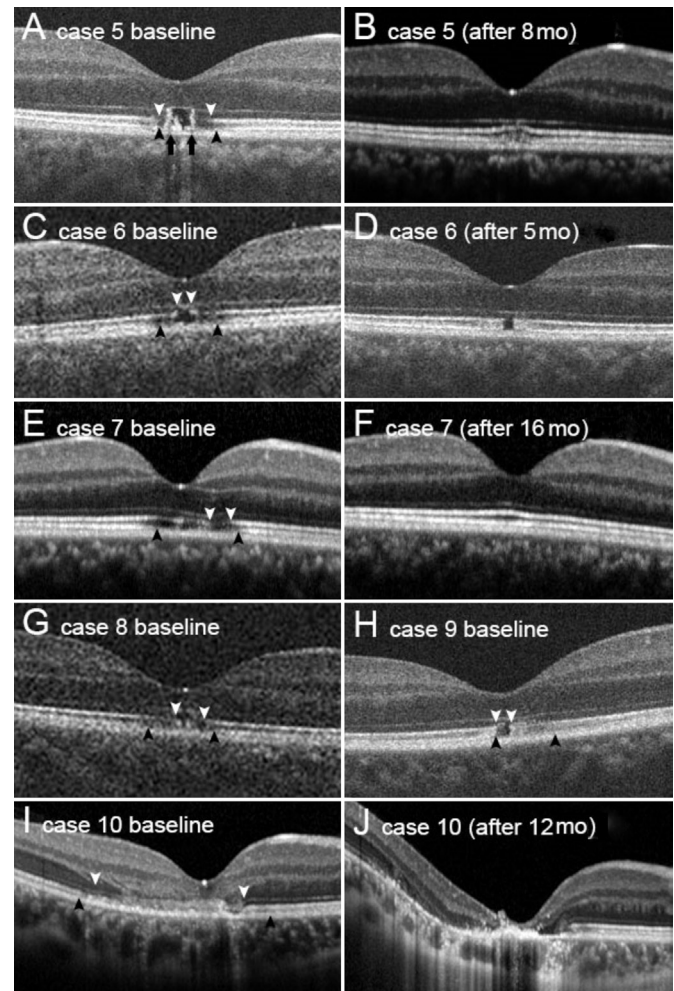


**Figure 4 SD-OCT images of cases that presented with photoreceptor layer blurring with relatively preserved EZ (Group 1)** Despite EZ blurring, EZ band is dimly visible in all cases. B, D, and F are follow-up images of A, C, and E images. Follow-up images of B, D, and F were taken at 3, 12, and 3mo, respectively. White arrowheads: EZ defect area; Black arrowheads: IZ defect. EZ and IZ blurring and defects show improvement in the follow-up images. The black arrows (E) indicate abnormal hyperreflectivity at the photoreceptor layer. This hyperreflectivity decreased during the follow-up. G and H are the initial OCT images (horizontal and vertical scans) of Case 4 because consecutive photo was not obtained. Central hyperreflective columnar structure is observed with surrounding hyporefective area (black arrow).

IR image revealed irregularly increased reflectance signal at the fovea with surrounding low reflective ring in six out of seven (85%) patients (Figures 3 and 7). In all cases, IR images could better delineate the lesion than conventional fundus photography. However, no abnormal finding on fundus IR was observed in the healthy contralateral fellow eyes. FAF images revealed no remarkable findings in all patients, except Case 10 (Figure 1) in which irregular hypofluorescent spots were observed (Figure 3).

#### DISCUSSION

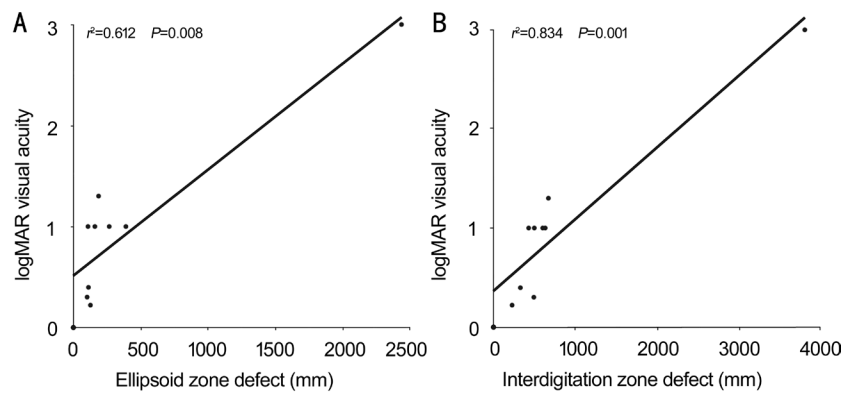
This is the first case series of foveomacular retinitis in young male soldiers, that presents multimodal imaging data, including high resolution SD-OCT. Typical yellow granular spots in the fovea were observed on fundus photography. Photoreceptor disruption involving IZ and/or EZ was observed on SD-OCT and visual loss correlated with OCT features. Fundus IR imaging



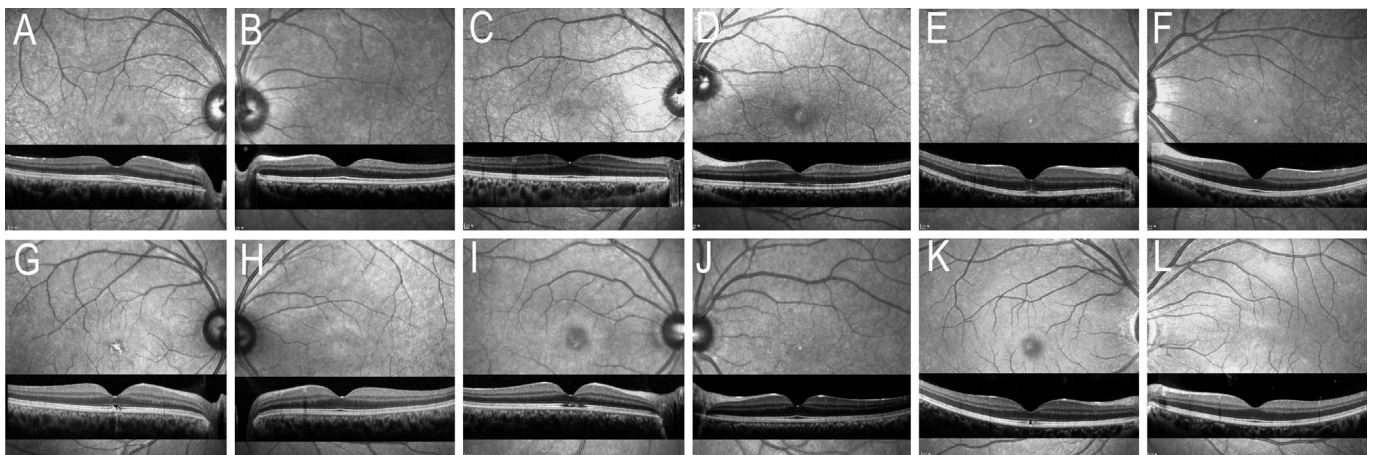
**Figure 5 SD-OCT images of cases that presented with discrete photoreceptor layer defects involving EZ (Group 2)** A, C, E, G, H, I: The baseline images show severe outer retinal defects and surrounding hyporefective areas with discontinuation of EZ. B, D, F, J: The follow-up images of Cases 5, 6, 7, and 10 taken after 8, 5, 16, and 12mo, respectively. White arrowheads: EZ defects; Black arrowheads: IZ defects. The photoreceptor disruption recovered either partly or completely, except in Case 10. Black arrows in image A indicate hyperreflective columnar structure in the photoreceptor layer. I: Outer plexiform layer is thickened but its margin is indistinct. Hyperreflective band continuous with external limiting membrane is visible between white arrowheads. J: Outer nuclear layer and outer plexiform layer are invisible; instead hyperreflective material is detected at foveola. Choroidal curvature has become steeper after a year.

was also useful to detect the foveal lesions, while FAF was not. Although photoreceptor disruption on SD-OCT improved either partially or completely, visual acuity did not recover in most cases.

A red, sharply demarcated, foveal or juxtafoveal spot located at the level of the outer retina is suggestive of solar retinopathy<sup>[2]</sup>. In our cases, yellow spots and pigment mottling were consistently observed. This ophthalmoscopic appearance and the OCT findings resemble chronic solar retinopathy despite the absence of direct sun gazing or sunbathing history. Several studies



**Figure 6** Correlation between size of EZ defect and logMAR visual acuity (A) and between IZ defect size and logMAR visual acuity (B) Visual acuity significantly correlated with size of EZ and IZ defect. Outliers located at the right upper corner in A and B, indicate Case 10.



**Figure 7** IR images (820 nm) of Case 1 (A and B), Case 3 (C and D), Case 4 (E and F), Case 5 (G and H), Case 7 (I and J), and Case 9 (K and L) Increased reflectivity with surrounding hyporeflexive ring is observed in all cases except Case 4. Corresponding OCT images are shown under the respective IR images. A, D, E, G, I, and K are images of the involved eyes.

have reported presumed solar retinopathy in patients who denied direct sun gazing. Rai *et al*<sup>[3]</sup> reported that only 51% of patients could recollect a history of sun-gazing. Following their suggestion, absence of a history of sun viewing may not be sufficient to exclude solar retinopathy. Generally, soldiers are more likely to be exposed to the sun than civilians of the same age in industrialized nations. However, our patients were not assigned to hard training unit performing a lot of outdoor work. All the patients included in this series repeatedly denied sun gazing or bright light exposure. Further, additional case was not reported in the same military units. Our patients also denied using laser beam or welding arc which can produce lesions similar to solar retinopathy<sup>[4]</sup>. Thus, light-associated toxicity was probably not the relevant etiological factor in our study. Up to now, there have been two case reports of OCT findings in foveomacular retinitis. Topouzis *et al*<sup>[5]</sup> described the localized loss of the RPE and photoreceptor layers at fovea. Badhani *et al*<sup>[6]</sup> reported 10-year-old boy with a full-thickness, rectangular, hyperreflective lesion which was replaced by a sharp defect in the outer retina over the course of five years. Regarding solar retinopathy, several studies have described

OCT findings. Entire retinal hyperreflectivity can appear for several days, which corresponds to yellow retinal lesions in acute stage of solar retinopathy<sup>[7-9]</sup>. Other reports of chronic cases revealed hyporeflexive spaces in the outer retina which were more prominent on SD-OCT<sup>[8,10-14]</sup>. Our patients showed hyporeflexive areas limited to the outer retina, especially the photoreceptor layer, while sparing the RPE layer. These OCT findings are similar to those observed in chronic solar retinopathy. These are also consistent with the OCT features in the two cases of foveomacular retinitis<sup>[5-6]</sup>. The hyporeflexive photoreceptor defect and EZ contour disruption recovered in all cases except Cases 2 and 10 (Cases 4, 8, and 9 had no follow-up OCT). We divided the hyporeflexive pattern into two groups and this classification correlated well with the degree of visual impairment. Interestingly, a hyperreflective columnar structure was observed on OCT in Case 5 (Figure 5). Which is a similar finding in acute solar retinopathy. This hyperreflective lesion is also detected in a recently reported case of foveomacular retinitis<sup>[6]</sup>. Longitudinal observation revealed that the hyperreflective band was detected at 1mo and resolved after



3mo. It seems that this lesion may be an early OCT finding in both solar retinopathy and foveomacular retinitis.

We observed FCE in Case 10. This case had a severe form of foveomacular retinitis with poor visual outcome. FCE has been reported in several retinal diseases including central serous chorioretinopathy, multiple evanescent white dot syndrome, multifocal choroiditis, punctate inner choroidopathy *etc*<sup>[15-17]</sup>. Although the exact mechanism of FCE has not been clearly elucidated, our case indicates that localized choroidal damage and atrophic thinning may play a role. To the best of our knowledge, this is the first case showing FCE development in case of foveomacular retinitis.

IR images in our cases revealed more visible alteration than conventional color fundus images and the abnormality was observed only in the affected eyes. Issa *et al*<sup>[18]</sup> have reported similar IR findings in solar retinopathy. They also reported increased foveal reflectance/fluorescence with blue reflectance (488 nm) and blue-light autofluorescence (488 nm) and the foveal abnormality was also found in the healthy fellow eyes. However, in the present study, the fellow eyes showed no abnormality on any imaging examinations. Ahn *et al*<sup>[19]</sup> also showed a macular abnormality on IR images in occult macular dystrophy that could not be detected on fundus photography. Taken together, IR imaging is useful for detecting subtle foveal abnormalities in foveomacular retinitis that might be difficult to detect on color fundus photography.

Solar retinopathy usually occurs bilaterally<sup>[20]</sup>. Sometimes, patients with eccentric fixation or unocular occlusion can show unilateral involvement. Foveomacular retinitis has been known to involve both eyes at variable rates from 30% to 100%<sup>[1,20]</sup>. Marlor *et al*<sup>[21]</sup> reported sequential involvement of both eyes in some patients. In contrast, our cases presented exclusively with unilateral lesions and there was no sequential involvement of the other eye. None of the patients in our series evinced eccentric fixation or large angle strabismus. Therefore, absence of bright light exposure history and unilateral involvement in orthotropic patients supports a diagnosis of foveomacular retinitis rather than light exposure associated retinopathy.

Retinal diseases reported in young soldiers are mostly associated with trauma, hard exercise, flight, *etc*<sup>[22-24]</sup>. In our cases however, traumatic maculopathy, whiplash maculopathy, and toxic maculopathy can be excluded as all patients denied relevant histories. Another possible differential diagnosis is unilateral acute idiopathic maculopathy (UAIM), a rare disorder presenting with transient visual loss in a young patient secondary to exudative macular detachment and infiltrates, preceded by a viral infection<sup>[25]</sup>. Although unilateral involvement in young healthy adults matches the clinical profile of our patients, viral prodrome and complete recovery of vision in UAIM differ. Recent reports on UAIM have described

similar photoreceptor EZ loss on SD-OCT<sup>[26-27]</sup>. However, RPE hyperreflectivity on SD-OCT and macula hypofluorescence on FA also reported in UAIM were not observed in any of our cases. Acute retinal pigment epitheliitis (ARPE) affects healthy young adults with the symptom of painless blurring or vision loss and should also be ruled out<sup>[28-29]</sup>. The SD-OCT findings in ARPE include inner RPE involvement, disruption of IS, a dome-shape hyperreflective lesion at the outer retina, and external limiting membrane displacement. The condition is usually unilateral and shows visual improvement within 3mo. However, in our cases, the RPE layer was spared and no substantial visual recovery occurred despite noticeable resolution of photoreceptor lesions on OCT.

Foveomacular retinitis has been reported to show variable degrees of visual decline<sup>[1,21]</sup>. Marlor *et al*<sup>[21]</sup> reported that 32% (89 out of 274) had 20/200 or worse vision and only 5% (14 out of 274) had 20/40 or better vision at the time of discharge. Among patients with poor vision at presentation ( $\leq 20/200$ ), 46% (15 out of 70) showed visual improvement while 67% (6 out of 9) of those with good visual acuity ( $\geq 20/40$ ) showed visual decline during 5y of follow-up. In our cases, 8 of 10 patients (80%) had reached lower than 20/200 vision and only two patients showed visual recovery. Compared to foveomacular retinitis, the visual outcome is reported to be better in cases of solar retinopathy. Abdellah *et al*<sup>[30]</sup> reported that 9 (90%) of 10 eyes had a final visual acuity of 20/25 or more. Rai *et al*<sup>[3]</sup> reported that visual acuity was 6/12 or better in more than 80% of patients and did not deteriorate in 319 patients. Recent reports have also shown mild to moderate visual loss ranged from 20/25 to 20/200 in solar retinopathy<sup>[8,11]</sup>.

In conclusion, foveomacular retinitis can cause serious visual impairment in young male soldiers. Although the etiology and risk factors have not yet been established, it is an important disease to be suspected in cases of sudden or insidious unilateral visual loss in young soldiers. SD-OCT and fundus IR imaging are required for proper diagnosis. Further research to elucidate the etiology is needed to prevent vision loss from this little-known disease.

### ACKNOWLEDGEMENTS

**Foundations:** Supported by the National Research Foundation of Korea (No.2016R1D1A1B03934724) funded by the Korean government (Ministry of Science, ICT and Future Planning; MSIP); Seoul National University Bundang Hospital (No.02-2017-059).

**Conflicts of Interest:** Yoon CK, None; Park KH, None; Woo SJ, None.

### REFERENCES

- 1 Kuming BS. Foveomacular retinitis. *Br J Ophthalmol* 1986;70(11): 816-818.

- 2 Agarwal A. *Gass' Atlas of Macular Diseases, 5th Edition*. 2012.
- 3 Rai N, Thuladar L, Brandt F, Arden GB, Berninger TA. Solar retinopathy. A study from Nepal and from Germany. *Doc Ophthalmol* 1998;95(2):99-108.
- 4 Tabatabaei SA, Soleimani M, Bohrani B, Banafsheafshan A, Faghihi S, Faghihi H. Multimodal imaging in photic retinopathy. *Int J Ophthalmol* 2019;12(3):523-525.
- 5 Topouzis F, Koskosas A, Pappas T, Anastasopoulos E, Raptou A, Psilas K. Foveomacular retinitis and associated optical coherence tomography findings. *Ophthalmic Surg Lasers Imaging* 2007;38(4):333-335.
- 6 Badhani A, Padhi TR, Panda GK, Mukherjee S, Das T, Jalali S. Correlation of macular structure and function in a boy with primary foveomacular retinitis and sequence of changes over 5 years. *Doc Ophthalmol* 2017;135(1):43-52.
- 7 Bechmann M, Ehrt O, Thiel MJ, Kristin N, Ulbig MW, Kampik A. Optical coherence tomography findings in early solar retinopathy. *Br J Ophthalmol* 2000;84(5):547-548.
- 8 Merino-Suárez ML, Belmonte-Martin J, Rodrigo-Auría F, Pérez-Cambrodí RJ, Piñero DP. Optical coherence tomography and autofluoresceinography changes in solar retinopathy. *Can J Ophthalmol* 2017;52(2):e67-e71.
- 9 Bonyadi MHJ, Soheilian R, Soheilian M, Peyman GA. Spectral-domain optical coherence tomography features of mild and severe acute solar retinopathy. *Ophthalmic Surg Lasers Imaging* 2011;42. Online:e84-e86
- 10 Birdsong O, Ling J, El-Annan J. Solar retinopathy. *Ophthalmology* 2016;123(3):570.
- 11 Gulkilik G, Taskapili M, Kocabora S, Demirci G, Muftuoglu GI. Association between visual acuity loss and optical coherence tomography findings in patients with late solar retinopathy. *Retina* 2009;29(2):257-261.
- 12 Goduni L, Mehta N, Tsui E, Bottini A, Kaden TR, Leong BCS, Dedania V, Lee GD, Freund KB, Modi YS. Long-term multimodal imaging of solar retinopathy. *Ophthalmic Surg Lasers Imaging Retina* 2019;50(6):388-392.
- 13 Comander J, Gardiner M, Loewenstein J. High-resolution optical coherence tomography findings in solar maculopathy and the differential diagnosis of outer retinal holes. *Am J Ophthalmol* 2011;152(3):413-419.e6.
- 14 Cho HJ, Yoo ES, Kim CG, Kim JW. Comparison of spectral-domain and time-domain optical coherence tomography in solar retinopathy. *Korean J Ophthalmol* 2011;25(4):278-281.
- 15 Parodi MB, Casalino G, Iacono P, Introini U, Adamyan T, Bandello F. The expanding clinical spectrum of choroidal excavation in macular dystrophies. *Retina* 2018;38(10):2030-2034.
- 16 Kim H, Woo SJ, Kim YK, Lee SC, Lee CS. Focal choroidal excavation in multifocal choroiditis and punctate inner choroidopathy. *Ophthalmology* 2015;122(7):1534-1535.
- 17 Lee CS, Woo SJ, Kim YK, Hwang DJ, Kang HM, Kim H, Lee SC. Clinical and spectral-domain optical coherence tomography findings in patients with focal choroidal excavation. *Ophthalmology* 2014;121(5):1029-1035.
- 18 Issa PC, Fleckenstein M, Scholl HPN, Holz FG, Meyer CH. Confocal scanning laser ophthalmoscopy findings in chronic solar retinopathy. *Ophthalmic Surg Lasers Imaging* 2008;39(6):497-499.
- 19 Ahn SJ, Ahn J, Park KH, Woo SJ. Multimodal imaging of occult macular dystrophy. *JAMA Ophthalmol* 2013;131(7):880-890.
- 20 Kerr LM, Little HL. Foveomacular retinitis. *Arch Ophthalmol* 1966;76(4):498-504.
- 21 Marlor RL, Blais BR, Preston FR, Boyden DG. Foveomacular retinitis, an important problem in military medicine: epidemiology. *Invest Ophthalmol* 1973;12(1):5-16.
- 22 Pokroy R, Barenboim E, Carter D, Assa A, Alhalel A. Unilateral optic disc swelling in a fighter pilot. *Aviat Space Environ Med* 2009;80(10):894-897.
- 23 Mumcuoglu T, Durukan AH, Erdurman C, Hurmeric V, Karagul S. Outcomes of Nd: YAG laser treatment for Valsalva retinopathy due to intense military exercise. *Ophthalmic Surg Lasers Imaging* 2009;40(1):19-24.
- 24 Blanch RJ, Bindra MS, Jacks AS, Scott RA. Ophthalmic injuries in British armed forces in Iraq and Afghanistan. *Eye (Lond)* 2011;25(2):218-223.
- 25 Yannuzzi LA, Jampol LM, Rabb MF, Sorenson JA, Beyrer C, Wilcox LM Jr. Unilateral acute idiopathic maculopathy. *Arch Ophthalmol* 1991;109(10):1411-1416.
- 26 Nicolo M, Rosa R, Musetti D, Musolino M, Traverso CE. Early swept-source optical coherence tomography angiography findings in unilateral acute idiopathic maculopathy. *Ophthalmic Surg Lasers Imaging Retina* 2016;47(2):180-182.
- 27 Matsushita E, Fukuda K, Nakahira A, Kishi S, Fukushima A. Resolution of photoreceptor outer segment damage in a patient with unilateral acute idiopathic maculopathy observed using spectral-domain optical coherence tomography. *Graefes Arch Clin Exp Ophthalmol* 2012;250(5):765-768.
- 28 Iu LPL, Lee R, Fan MCY, Lam WC, Chang RT, Wong IYH. Serial spectral-domain optical coherence tomography findings in acute retinal pigment epitheliitis and the correlation to visual acuity. *Ophthalmology* 2017;124(6):903-909.
- 29 Cho HJ, Han SY, Cho SW, Lee DW, Lee TG, Kim CG, Kim JW. Acute retinal pigment epitheliitis: spectral-domain optical coherence tomography findings in 18 cases. *Invest Ophthalmol Vis Sci* 2014;55(5):3314-3319.
- 30 Abdellah MM, Mostafa EM, Anber MA, El Saman IS, Eldawla ME. Solar maculopathy: prognosis over one year follow up. *BMC Ophthalmol* 2019;19(1):201.