# Inhibition of retinopathy of prematurity in rat by intravitreal injection of sorafenib

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Abstract

• AIM: To investigate the effect of intravitreal injection administered sorafenib, a multikinase inhibitor, in a rat model of oxygen-induced retinopathy (OIR).

• METHODS: Seven-day-old Sprague-Dawley rats (n= 144) were randomly assigned to six groups. Group A received normal partial oxygen pressure and groups B, C, D, E and F were exposed to hyperoxia (75±2)% from postnatal 7d (P7) to P12 to induce retinopathy of prematurity. The rats in groups C, D, E and F were received intravitreal injections of either vehicle (DMSO) or sorafenib at P12 (5, 20 and 80  $\mu$ g, respectively). Then they returned to normoxia after P12. The retinas were whole-mounted and imaged with a confocal microscopy. The vascular branching points were counted to quantify neovascularization at P17. Cross-sections of the retina were stained with hematoxylin and eosin (HE). The nuclei of new vessels breaking the internal limiting membrane were counted to quantify the proliferative neovascular response.

• RESULTS: The retinal vessel in groups B and C turned into tortuosity and a great deal of neovascularization were observed. Sorafenib-treated rats had significantly less neovascularization as compared with vehicle-treated and control rats in a dose dependent manner (P<0.05). The number of vascular branching points in A, B, C, D, E and F were 16.50 ±3.90, 37.44 ±6.47, 37.08 ±5.10, 30.80 ± 6.85, 26.08 ±5.08 and 19.83 ±3.51, respectively. The number of the nuclei of retinal new vessel in A, B, C, D, E and F were 0.22 ±0.42, 35.66 ±4.70, 35.30 ±4.54, 27.30 ± 4.28, 21.41 ±3.53, and 7.41 ±2.87, respectively. There were significant difference between each group (P<0.05) except groups B and C. • CONCLUSION: In the rat OIR model, sorafenib could inhibit retinal neovascularization in a dose dependent manner.

• **KEYWORDS:** sorafenib; retinopathy of prematurity; neovascularization; tyrosine kinase inhibitors

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#### INTRODUCTION

etinopathy of prematurity (ROP) is a developmental R etinopathy of premaining (1997) disorder that occurs in the incompletely vascularized retina of premature infants which have low birth weight and low gestational age. ROP is an important cause of blindness in children, which appears neovascularization and fibrous hyperplasia <sup>[1]</sup>. Progress in perinatal health care and neonatal intensive care in recent years has led to an increased survival of extremely low birth weight infants weighing  $\leq 1000$  g at birth, but subsequently, to an increasing incidence of ROP<sup>[1-3]</sup>. And furthermore, Asian infants had the highest rates of ROP than those of black and white infants <sup>[4-6]</sup>. Despite surgical treatments such as cryotherapy and laser photocoagulation have yielded beneficial and promising therapeutic effects clinically in present, the surgical treatments cause visual field defect, vision loss, incidence of ametropia increase and even blindness<sup>[3,7]</sup>. Either laser therapy or cryotherapy needs doctor with an adept indirect ophthalmoscope skill under the scleral top pressure, which were laborious and required special training. Hence, research is on way to find novel treatment modalities which requires less skills and equipments for this blind-causing disease.

Vascular endothelial growth factor (VEGF) is a known promoter of angiogenesis and interacts with endothelial cells *via* its two membrane bound receptors, VEGFR-1 and VEGFR-2, which belong to the tyrosine kinase receptor family<sup>[8]</sup>. Of these two receptors, VEGFR-2 is thought to mediate VEGF-induced signals such as vascular hyperpermeability and promote the differentiation and proliferation of endothelial cells<sup>[9,10]</sup>. Expression of VEGFR-2 is found to be mainly associated with pathological neovascularisation and potentiated by VEGF <sup>[10,11]</sup>. Although VEGF clearly plays a major role in the development of neovascular disease, other growth factor pathways, such as platelet-derived growth factor receptor (PDGFR), tyrosine kinases, have been implicated in ocular neovascularization disease<sup>[12,13]</sup>. Platelet-derived growth factor (PDGF) stimulates VEGF transcription by PDGFR and also plays an important function in pericyte recruitment to neovessels. Sprouting endothelial cells express PDGF, and pericytes secrete PDGFR- $\beta$ . And further more, endothelial cells undergo apoptosis without pericyte support and VEGF signaling <sup>[14-16]</sup>. Thereby, combined inhibition of the VEGF and PDGF signaling pathway may enhance the efficiency of suppression on neovascularization.

Sorafenib is an oral multikinase inhibitor, approved for the treatment of renal cell carcinoma. Sorafenib inhibits VEGFR-2, PDGFR- $\beta$  and the serine threonine kinase Raf, which acts through the Raf/MEK/ERK kinase signaling pathway <sup>[17]</sup>. Recent case reports have also suggested possible therapeutic benefits of sorafenib in the treatment of exudative age-related macular degeneration (AMD)<sup>[18,19]</sup>. However, there is no study which has examined the effects of sorafenib on ROP.

To enhance the clinical efficacy of angiostatic therapy, it is necessary to inhibit ROP retinal neovascularization by combine VEGFR-2 and PDGFR- $\beta$ . In this paper, we observed the effect of sorafenib on rat OIR model, in order to provide new ideas and theoretical basis for the treatment of ROP.

## MATERIALS AND METHODS

**Materials** Pregnant Sprague-Dawley (SD) rats (Laboratory Animal Center of Xinjiang Medical University, Xinjiang, China). Rats were allowed unlimited access to rat chow and water and were exposed to a 12h:12h light-dark cycle. Room temperature was maintained at  $24^{\circ}$ C in a humidified atmosphere. All animals were cared for in accordance with the ARVO Statement for the Use of Animals in Ophthalmic and Vision Research.

# Methods

**Grouping** SD rats were divided into six groups (n=24 per group) randomly, as follows: A) controlled group; B) ROP group; C) vehicle-treated ROP group; D) low doses sorafenib-treated ROP group; E) middle doses sorafenib-treated ROP group; F) high dose sorafenib-treated ROP group (5, 20, and 80 µg, respectively). Rats in group A received normal partial oxygen pressure all the way.

**Rat model of oxygen induced retinopathy** OIR model was induced in newborn rats as described previously with some modifications by Smith *et al* <sup>[20]</sup>. Briefly, At postnatal day 7 (P7), SD rats and their nursing dams were placed in a controlled atmosphere chamber and exposed to hyperoxia  $(75\pm2)\% O_2$  for 5d (P7 to P12) and then returned to normoxia

(room air). At P12, the rats were returned to room atmosphere for 5d to allow the development of retinal neovascularization. At the time neonatal rats were dosed once by intravitreal injections at P12 (see below). Litter numbers were between 14 and 16 pups for each experiment to ensure consistency in outcomes. All animals were weighed, and mean body weights of litters were found to be within 15 g of each other at the time of treatment.

**Intravitreal injections** The rats in groups C, D, E, and F were received intravitreal injections of either vehicle (DMSO) or sorafenib at P12 (5, 20, and 80  $\mu$ g, respectively) as described previously with some modifications <sup>[21]</sup>. Rats were anesthetized with intraperitoneal injection of 4.3% chloral hydrate (0.01 mL/g), and pupils dilated with topical tropicamide (1%), left eye of each animal. Under a Stereo microscope (TOPCON OMS-110, Tokyo, Japan), a sclerotomy was performed about 1.0 mm posterior to the limbus using a syringe (Hamilton Co, Reno, USA) fitted with a 33-gauge needle, with special caution taken to avoid damaging the lens. DMSO (5  $\mu$ L) or sorafenib (5  $\mu$ L; 1, 4, and 16  $\mu$ mol/L, respectively), was injected into the vitreous cavities along the puncture incision. Ofloxacin eye ointment was applied after injection.

**Dissecting retinal tissue** Rat pups were anesthetized by 4.3% chloral hydrate (0.01 mL/g) on P17. Rats were intracardially perfused with paraformaldehyde (PFA; 1.0 mL, 4%) in phosphate-buffered saline. Eyes were enucleated and prefixed in PFA for 2h before anterior segments, and vitreous were removed. Retinas with intact ora serratas were dissected, placed into PBS, and flattened onto microscope slides by four right-angle incisions. Eyes were enucleated and prefixed in PFA 24h for Hematoxylin and Eosin(HE) Staining.

Retinal flat mounts For whole mounts, the retina and lens were dissected and fixed in 4% PFA for 30min at  $4\,{}^\circ\!\mathrm{C}$  , and prepared for staining analysis as previously described <sup>[22]</sup>. The lens was then removed and flattened retinas were permeabilized in ice-cold ethanol (70% vol/vol) for 20min, then in PBS/1% nonionic surfactant (Triton X-100; Sigma) for 30min. Retinas were incubated with Fluorescein labeled GSL I-isolectin B (Vector Laboratories, Peterborough, Britain) in PBS overnight at  $4\,{}^\circ\!{}^\circ\!{}^\circ$  , then rinsed three times in PBS and mounted in PBS/glycerol (2:1) with Vectashield (Vector Laboratories, Burlington, CA, USA). Slides were secured with coverslips and sealed with nail varnish. Images of the retinal blood vessels were captured with laser scanning confocal microscope (Leica TCS SP8, Wetzlar, Germany) and were digitally stored for analysis. Three horizons were selected randomly from each retinal flat mounts in high magnification, and then calculated the average of branching points.

Hematoxylin and eosin staining Other rats were stained as described by Chu *et al*  $^{[23]}$ . The eyes were enucleated, and



Figure 1 Rat overall retinal flat mount. At P17, rat retinal flat mounts were stained with fluorescein labeled GSL I-isolectin B4 and scanned with laser scanning confocal microscope A: Controlled group; B: ROP group; C: Vehicle-treated ROP group; D: Low doses sorafenib-treated ROP group; E: Middle doses sorafenib-treated ROP group; F: High dose sorafenib-treated ROP group (×100).

fixed in 4% paraformaldehyde for 24h at 4°C prior to paraffin embedding. Serial 5-µm paraffinembedded axial sections that did not contain the optic nerve head were obtained. The sections were stained with hematoxylin and eosin, and ten intact sections, 30 µm apart, were evaluated. Retinal vascular cell nuclei that were anterior to the internal limiting membrane were quantified using a double-masked protocol. method of The accepted quantifying abnormal neovascularization in the OIR model relies on counting such cells. The mean number of vascular cell nuclei in three sections stands for the mean number of neovascular cell nuclei per 5-µm section per eye.

**Statistical Analysis** SPSS 17.0 for windows statistical software was used in this study. The quantification data are expressed as means  $\pm$  standard deviation (SD). Comparisons between the mean variables of multiple groups were performed using one-way ANOVAs, and further assessed by SNK-*q* test for comparisons between each dose group and the vehicle group. *P* values <0.05 were considered statistically significant.

## RESULTS

Analysis of the Retinal Flat Mounts Centripetal growths of superficial vessels emerge from the optic disc and reach the far periphery approximately in controlled group (Figure 1A). However, abnormal preretinal neovascular tufts were seen throughout the retina, especially in the mid-periphery, at the interface between the hypovascular central retina and the

more vascularized periphery in ROP group and vehicletreated ROP group (Figure 1B, 1C). These neovascular tufts protruded above the inner limiting membrane of the retina into the vitreous. In addition, the retinal vessels were tortuosity and expansion. Compared with vehicle-treated group, sorafenib-treated rats demonstrated markedly reduced neovascularization (Figure 1D, 1E, 1F). Image of retinal flat mounts under a higher magnification version: ROP group and vehicle-treated group: Retevasculosum were disordered, superficial and deep vessels were not clear. The vascular branches were complex and irregular. Micrangium were tortuous and dilated. Vascular structures were abnormal (Figure 2B, 2C). Sorafenib-treated rats demonstrated markedly reduced on vessels tortuousity and dilation. Additionally, vascular density was of degressive (Figure 2D, 2E, 2F). ROP treated with high dose sorafenib rats shows that retinal vascular returned to normality compared with controlled group (Figure 2F, 2A). There was an average of  $16.50 \pm 3.90$ ,  $37.44 \pm 6.47$ ,  $37.08 \pm 5.10$ ,  $30.80 \pm 6.85$ ,  $26.08 \pm$ 5.08, and 19.83  $\pm 3.51$  vessel branch points respectively (Figure 3H).

Analysis of the Retina Stained with Hematoxylin and Eosin The controlled group did not show any ocular pathology (Figure 3A). In the ROP group and vehicle-treated ROP group, there were a large amount of nuclei extending into the internal limiting membrane (Figure 3B, 3C), occurring either singularly or scattered in clusters, part of



Figure 2 Rat retinal flat mount in high magnification. At P17, rat retinal flat mounts were stained with fluorescein labeled GSL I-isolectin B4 and scanned with laser scanning confocal microscope A: Controlled group; B: ROP group; C: Vehicle-treated ROP group; D: Low doses sorafenib-treated ROP group; E: Middle doses sorafenib-treated ROP group; F: High dose sorafenib-treated ROP group. Asterisks: Vascular branching.

which formed lumen (Figure 3B, Arrows). In addition, retina had a great deal of neovascular tufts, extending beyond the internal limiting membrane into the vitreous (figure and data not shown). The number of vascular cell nuclei that penetrated the retinal internal limiting membrane were quantified and evaluated. The mean number of nuclei that extended into the internal limiting membrane was notably decreased in sorafenib-treated ROP pups, especially in high doses group, compared with ROP and vehicle-treated ROP group rats. Further, the degree of neovascularization in sorafenib-treated rats was on the decrease (5, 20 and 80  $\mu$ g, respectively). There was an average of 0.22 ±0.42, 35.66 ± 4.70, 35.30 ±4.54, 27.30 ±4.28, 21.41 ±3.53, and 7.41 ±2.87 nuclei extending into the internal limiting membrane respectively (Figure 3G), F=566.471, P=0.000.

### DISCUSSION

It is considered that the pathophysiologic mechanism of ROP consists two phases. Exposure of the rats to hyperoxia causes suppression of VEGF and its receptor VEGFR, vaso-obliteration and cessation of normal retinal blood vessel development, which mimics Phase I of ROP. When rats return to room air, the nonperfused portions of the retina become relatively hypoxic, which in turn causes hypoxia-induced VEGF and VEGFR production up-regulation markedly and retinal neovascularization, similar to Phase II of ROP <sup>[24-27]</sup>. Thus, we explore sorafenib on ROP *via* OIR model.

Sorafenib the molecular of which contains bond, hydrophilic amide groups, and lipophilic pyridine, has good biological activity. Sorafenib is characterized by good absorbability because of its small molecular weight and the strong tissue<sup>[27]</sup>. Furthermore, its long half-life could reduce intraocular injection times <sup>[28]</sup>. Additionally, in contrast with the use of bevacizumab and ranibizumab, compounds that are derived from human recombinant monoclonal antibody, sorafenib is a synthetic urea derivative and the risk of increased immunogenicity is low. Rats exposured to hyperoxia, superficial and deep vessel layer were vague. Retinal vessels turned to tortuosity and expansion; branches were complex and irregular. A great deal of vascular tufts and extensive neovascularization could be seen. The whole retinal neovascularization density increased. In the preparation of retinal flat mounts, vascellum fragility increased and was prone to hemorrhage. Peripheral strongly staining isolectin GS-positive clumps and strongly staining positive spots scattered around show bleeding points. However after treated with sorafenib, bleeding reduced greatly. Besides, bleeding is little in controlled group. These endothelial cells formed lumen, in which large number of red blood cells could be seen. These misdirected vascular elements are also quantified in HE-stained. HE staining demonstrated that, there were a large amount of nuclei protruding into the internal limiting membrane, and further more, extending into the vitreous in ROP group.



Figure 3 Hematoxylin and Eosin staining. At P17, cross-sections of the retina were stained with HE (×400) A: Controlled group; B: ROP group; C: Vehicle-treated ROP group; D: Low doses sorafenib-treated ROP group; E: Middle doses sorafenib-treated ROP group; F: High dose sorafenib-treated ROP group; G: The number of nuclei breaking the internal limiting membrane (ILM); H: The number of vascular branching points. Arrows: lumen.  ${}^{a}P < 0.05$ ,  ${}^{c}P < 0.05$ .

After intravitreal injection sorafenib of three concentration gradients, 1, 4, and 16  $\mu$ mol/L, most neovascularization markedly reduced, vascular tortuosity and expansion attenuated to varying degrees, neovascularization density decreased. In addition, the extent of neovascularization suppression with injection 16  $\mu$ mol/L sorafenib was greatest, the structure almost returned to normal. In short, sorafenib decreased the neovascularization of ROP in a dose-dependent manner.

Recently, research combined with VEGFR and PDGFR is mostly confined to the field of anti-tumor, but very little to the anti-neovascularization in ophthalmology. In a recent case report, Kernt *et al* <sup>[18]</sup> described a patient with a renal cell carcinoma who had exudative AMD and used a standard dose of sorafenib for the cancer. In addition, Diago *et al* <sup>[19]</sup> described two patients with exudative AMD who needed frequent ranibizumab injections received sorafenib as off-label treatment to reduce the number of intraocular injections. Patients above experienced improvement of macular oedema based on the use of optical coherence tomography. Marked improvement of the patient's visual acuity were noted <sup>[18,19]</sup>. Kernt *et al* <sup>[29,30]</sup> described that sorafenib protected human optic nerve head astrocytes and retinal pigment epithelium cells from light-induced over-expression of VEGF, PDGF, and placenta growth factor. Meanwhile, oral administration of the sorafenib significantly suppressed the development of laser-induced choroidal neovascularization (CNV) and caused regression of established CNV in mice and rats <sup>[31,32]</sup>. All of these are consistent with our experimental results.

In this study, we investigated the effect of intravitreal injection sorafenib through the establishment of OIR rat

model. Retinal flat mount was stained with fluorescein labeled GSL [ -isolectin B. Whatever new vessels perfused or not, isolectin B could label the abnormal hyperplastic endothelial cells specifically, and the line between new and normal vessels was clear. Staining with isolectin-GS allowed vascular obliteration and tufts could be seen, compared with FITC-dextran angiography <sup>[33]</sup>. This method could reflect the actual situation of retinal neovascularization more fully, and was a better method to quantify the retinal neovascularization currently <sup>[34]</sup>. With the optical sectioning and 3D reconstruction to retinal flat mount through laser scanning confocal microscope and selection the horizontal plane to export the complete picture, each layer of vessels and neovascularization conditions were shown more clear and comprehensive. What's more, by the local administeration of intravitreal injection could make it soon to achieve effective drug concentrations as it did in the case of reducing the blood concentration thereby decrease side effects of drugs compared with systemic administration.

The profiles of adverse events occur with continuous systemic administration of sorafenib. The most common side effects in patients treated for renal cell carcinoma are dermatological symptoms such as rash or hand and foot skin reactions, diarrhoea and lowgrade hypertension. Because of being a small sample experiment, the research about appropriate dosage and side effects such as the toxic to retina did not undergo further. Hence, it needs further investigation on the optimal dose and the maximum safe dose of sorafenib in wider samples with longer follow-up periods.

In conclusion, we investigated the significant suppression effect of intravitreal injection administered sorafenib, a novel multitargeted receptor tyrosine kinase inhibitor, on ROP progression in a rat OIR model. It showed that the drug significantly inhibited the neovascularization of ROP in a dose-dependent manner. These provide new ideas and theoretical basis for the treatment of ROP. Naturally, these results mandate further clinical investigation of sorafenib for ROP.

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