

25-gauge transconjunctival diagnostic vitrectomy in suspected cases of intraocular lymphoma: a case series and review of the literature

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Abstract

• **AIM:** To report the cytology results of 25-gauge transconjunctival (25G-TSV) diagnostic vitrectomy in cases suspicious for intraocular lymphoma (IOL), and compare the results to those reported in the literature.

• **METHODS:** Clinical and cytopathological records of 18 vitreous biopsy specimens obtained via 25G-TSV diagnostic vitrectomy in 12 patients suspicious for IOL were reviewed retrospectively. A review of the literature in regards to the diagnostic yields of vitreous specimens obtained via 25-gauge and 20-gauge diagnostic vitrectomy in suspected cases of IOL was performed.

• **RESULTS:** Eighteen eyes from 12 patients with clinical suspicion of IOL underwent diagnostic 25G-TSV. The cytopathological investigations demonstrated IOL in 15 eyes (83.3%). Vitreous analysis was non-diagnostic in 3 eyes (16.7%).

• **CONCLUSION:** Twenty-five-gauge diagnostic vitrectomy yields adequate sample for cytological evaluation of the vitreous in cases suspicious for IOL. The diagnostic results of the 25G-TSV in the current study are superior to those reported for 20-gauge vitrectomy but equivalent to those reported for 25G-TSV in the published literature.

• **KEYWORDS:** 25-gauge vitrectomy; 20-gauge vitrectomy; intraocular lymphoma

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INTRODUCTION

Intraocular lymphomas (IOLs) are a heterogeneous group of intraocular malignancies that are subdivided into primary vitreoretinal lymphomas, primary uveal lymphomas, and secondary uveal lymphomas. Primary vitreoretinal lymphoma as a subset of primary central nervous system lymphoma is the most common form of IOL. It is usually characterized by proliferation of large B-cells, but in rare instances it may be secondary to proliferation of T cells^[1-3]. IOLs occur rarely and have poor prognosis, therefore, early diagnosis and prompt treatment can significantly influence the survival of the afflicted patients^[4,5]. These tumors often present with clinical features of vitritis and/or chronic granulomatous panuveitis, requiring a vitreous biopsy for definitive diagnosis and subsequent management^[6-8]. Prior to implementation of vitrectomy techniques for obtaining vitreous samples, fine needle aspiration biopsy was the method of choice in uveitic eyes suspicious for having IOL. This technique, however, was associated with a high rate of false negative results^[9,10]. Diagnostic vitrectomy is a powerful tool for early detection of IOL and appears to be superior to fine needle aspiration biopsy. Diagnostic vitrectomy may be performed with either 20-gauge or 25-gauge techniques, both of which are known to produce sufficient amounts of vitreous with good preservation of cellular integrity necessary for cytopathological analysis^[8,11-15]. However, 25-gauge transconjunctival vitrectomy (25G-TSV) has some advantages over the standard 20-gauge vitrectomy. The 25G-TSV is performed transconjunctivally, eliminating the need for peritomy and due to the small size of the scleral incisions, no sutures are necessary. These in turn decrease the operating time, hasten patient recovery, and reduce the post-operative inflammation^[16-20]. Although the safety and efficacy of 25G-TSV is well established, many surgeons remain uncertain about the utility of the 25G-TSV as a diagnostic tool^[8]. This study demonstrates that 25-G TSV is adequate for obtaining vitreous specimens necessary for cytological analysis in cases suspicious for IOL. In addition, we reviewed the current literature with regards to the diagnostic results of 20- and 25-gauge vitrectomies in IOL.

Table 1 Summary of demographic data and clinical and cytological diagnoses for 18 eyes from 12 patients who underwent transconjunctival sutureless 25-gauge diagnostic vitrectomy

Case	Sex	Age(a)	Eye	Clinical diagnosis	Cytological diagnosis
1	F	67	OU	Bilateral granulomatous uveitis, suspicious for IOL	Bilateral Intraocular DLBCL
2	F	60	OU	Suspicious for IOL	Bilateral Intraocular DLBCL
3	F	45	OU	Suspicious for Intraocular lymphoma History of CNS lymphoma	Bilateral Intraocular DLBCL
4	F	53	OD	Suspicious for Intraocular lymphoma	Non-specific chronic inflammation
5	M	57	OS	Suspicious for IOL	Intraocular DLBCL
6	M	30	OD	Bilateral chronic uveitis, suspicious for IOL	Intraocular DLBCL
7	F	78	OU	Suspicious for IOL History of Mycosis Fungoides	Bilateral Intraocular T-cell lymphoma
8	M	60	OS	Suspicious for IOL	Hypocellular specimen
9	F	64	OS	Suspicious for IOL	Non-specific chronic inflammation
10	M	35	OU	Suspicious for IOL	Bilateral Intraocular DLBCL
11	F	57	OD	Chronic bilateral panuveitis, suspicious for IOL	Intraocular DLBCL
12	F	51	OU	Suspicious for IOL	Bilateral Intraocular DLBCL

F: Female; M: Male; IOL: Intraocular lymphoma; DLBCL: Diffuse large B cell lymphoma; OD: Right eye; OS: Left eye; OU: Both eyes.

SUBJECTS AND METHODS

Subjects After obtaining approval from the ethics committee of Ophthalmic Research Center, a retrospective non-comparative study was performed on the medical and cytopathological records of 18 vitreous biopsy specimens received at the ocular pathology laboratory of Shahid Beheshti University of Medical Sciences in Tehran, Iran, between June 2006 and April 2011. The specimens were obtained *via* 25-gauge vitrectomy from 12 patients with chronic posterior or panuveitis, which were recalcitrant to corticosteroid therapy, and were suspicious for IOL.

Methods The neat and diluted vitreous samples were fixed in 10% formalin and rapidly transferred to the pathology laboratory. Cytospins and cytoblocks were prepared and thin sections were taken from the cytoblocks. The specimens were stained with hematoxylin & eosin, May-Grünwald-Giemsa, Gram, and Periodic acid-Schiff stains. Furthermore, immunohistochemical stainings for CD3, CD20, and CD79a were performed. The cytopathological diagnoses were categorized into two groups: 1) intraocular lymphoma and 2) nonspecific and/or non-diagnostic vitreous fluid analysis. Specimens that showed a dominance of atypical B cells based on morphology and immune reactivity for CD20 and CD79a, or a dominance of atypical T cells based on cytomorphology and immune-phenotyping for CD3 were considered intraocular lymphoma. Nonspecific and/or non-diagnostic vitreous specimens were defined as the presence of either nonspecific chronic inflammation, when there was no atypia or lymphoid monoclonality, or the vitreous specimen was hypocellular. Microbiological cultures were obtained in all specimens.

We also performed a comprehensive review of the literature by searching the PubMed and ISI web of knowledge to identify the published articles on 20- and 25-gauge diagnostic vitrectomy in cases of uveitis suspicious for malignancy. We

used the following keywords for our search: "intraocular lymphoma", "diagnostic vitrectomy", "vitrectomy and intraocular lymphoma", "25-gauge vitrectomy", "20-gauge vitrectomy", and "sutureless vitrectomy". The titles, abstracts, and the texts were reviewed to determine potentially eligible studies. The variables in our study included patient age, gender, the rate of IOL established by positive vitreous fluid analysis, and the rate of nonspecific and/or non-diagnostic vitreous specimens.

RESULTS

We reviewed the post-vitrectomy cytological diagnosis of 18 eyes from 12 patients with a mean age of 54.8 ± 13.3 y (age range 30-78y, F:M ratio 2:1) suspicious for IOL, who underwent 25G-TSV. The clinical and cytological data, as well as patient demographics, are summarized in Table 1.

No post-operative complications, such as hypotony, endophthalmitis, cataract, glaucoma, and retinal tear or detachment developed in any of the cases in our series. Microbiological cultures were negative in all vitreous samples.

Six patients underwent bilateral vitrectomy while the rest underwent unilateral vitrectomy. Based on cytomorphology and immune phenotypic features, IOL was demonstrated in 15 eyes (83.3%) of nine patients (75%); 13 eyes from eight patients were diagnosed as having diffuse large B-cell lymphoma and 2 eyes from one patient was diagnosed with intraocular T-cell lymphoma (Figure 1). Cytopathologic examinations in cases with intraocular diffuse large B-cell lymphoma disclosed the presence of atypical lymphoid cells with large irregular nuclei and predominant immune reactivity for CD20 and CD79a. The lymphoid infiltrate in vitreous specimens with intraocular T-cell lymphoma was composed of large atypical lymphoid cells with diffuses immune reactivity for CD3 and lack of immune reactivity for CD20. Vitreous cytologic analysis was nonspecific and/or

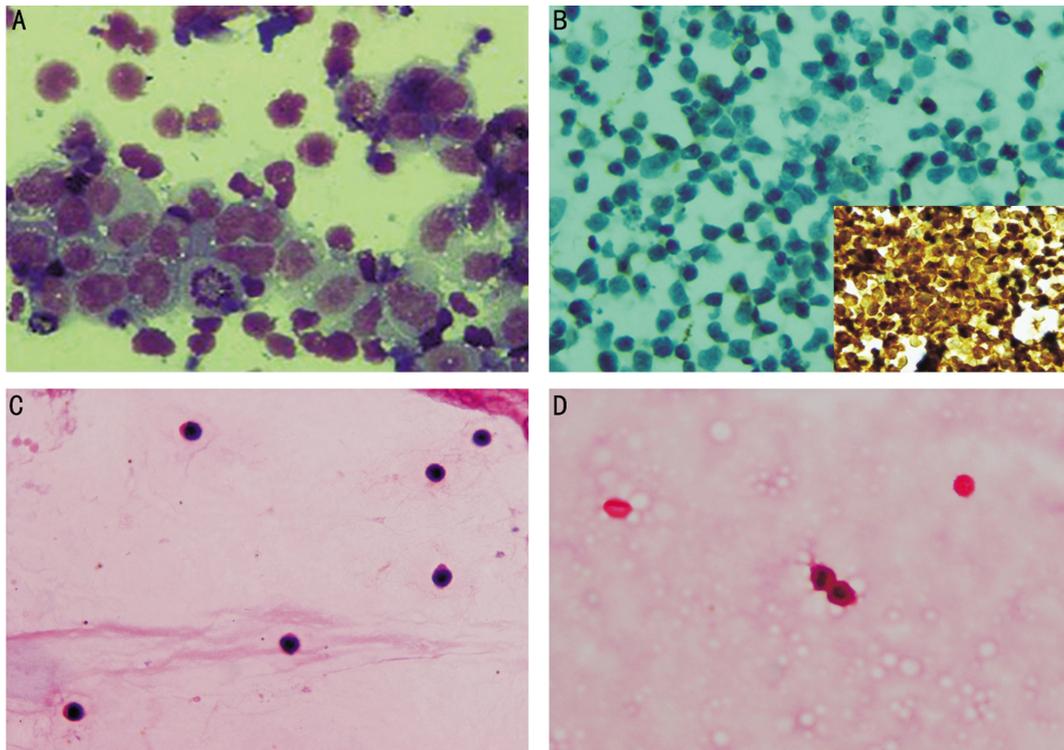


Figure 1 Photomicrographs of vitreous cytopathology in patients with clinical suspicion of IOL A: Diffuse large B-cell lymphoma in case 1 with aggregation of large pleomorphic mononuclear cells with irregular nuclei, prominent nucleoli and atypical mitosis in a vitreous cytospin preparation (Giemsa stain, ×1000); B: Intraocular T cell lymphoma in case 7 with the presence of atypical lymphoid cells with mitosis, lack of immune-reactivity for CD20 (×400) and diffuse immune-reactivity (inset) for CD3 (×600); C: Nonspecific chronic inflammation in case 4 with the presence of small lymphocytes and no atypical features (hematoxylin & eosin, ×400); D: Non-diagnostic and hypocellular vitreous specimen in case 8 with the presence of few red blood cells and few macrophage-like cells (hematoxylin & eosin, × 400).

Table 2 Diagnostic results of vitreous analysis harvested via 25G-TSV versus 20-gauge diagnostic vitrectomy in cases suspected for IOL

Vitrectomy technique used for vitreous sampling	Clinically suspected IOL eyes	IOL established by vitreous fluid analysis <i>n</i> (%)
25G-TSV (current study)	18 (100)	15 (83.3)
25G-TSV (Yeh <i>et al</i>)	12 (100)	8 (66.7)
20-gauge vitrectomy (Davis <i>et al</i>)	28 (33)	14 (50.0)
20-gauge vitrectomy (Akpek <i>et al</i> study)	26 (100)	10 (38.5)
20-gauge vitrectomy (Priem <i>et al</i>)	21 (53.8)	5 (23.8)
20-gauge vitrectomy (Verbraeken)	28 (100)	6 (21.4)
20-gauge vitrectomy (Wittenberg <i>et al</i>)	71 (25.5)	14 (19.7)
20-gauge vitrectomy (Liu <i>et al</i>)	74 (100)	8 (10.8)
20-gauge vitrectomy (Mruthyunjaya <i>et al</i>)	71 (78.9)	7 (9.9)

25G-TSV: 25-gauge transconjunctival vitrectomy; IOL: Intraocular lymphoma.

non-diagnostic in 3 eyes (16.7%) of 3 patients (25%); two eyes of two patients with nonspecific chronic inflammation and one with a hypocellular vitreous specimen. Cytopathologic examination of vitreous specimens in cases with nonspecific chronic inflammation disclosed the presence of small-sized bland-looking lymphoid cells with no evidence of monoclonality for T- or B-cells on immunocytochemical studies. Only one patient (both eyes in case 3) had a history of CNS involvement. Others did not have a history of CNS disease and did not show any evidence of CNS involvement at their one-year follow-up visit.

DISCUSSION

Our study demonstrated a high diagnostic yield for the vitreous harvested via 25G-TSV (Table 2) in suspected cases of IOL (83.3%) compared to the rates reported for 20-gauge vitrectomy (a range of 9.9% to 50.0%) in the literature^[21-27]. Additionally, our results were comparable with those of Yeh *et al*^[14] that used the same technique for harvesting the vitreous. Our study had several limitations. These included limited number of cases, retrospective nature of the study, and probability of selection bias in our tertiary referral center. Despite the limitations of the current study, our results show

that 25G-TSV is an effective method for harvesting adequate amounts of vitreous in eyes suspected for IOL and can be substituted for 20-gauge vitrectomy in such cases.

Although 25G-TSV was accepted amongst vitreoretinal surgeons as both safe and effective for obtaining vitreous specimens and establishing a diagnosis in cases suspected for IOL, only a few authors have published their experiences with this method [12,14]. Yeh *et al* [14] used 25G-TSV in 12 eyes with suspected IOL and confirmed the diagnosis in 8 (66.7%) eyes (Table 2); in his case series cytopathological changes consistent with IOL were found in only 3 eyes (25%), however, the diagnostic yield for IOL was increased to 66.7% when gene arrangement investigations, cytokine studies, and/or flow cytometry were used in addition. In our series, 25G diagnostic-TSV preserved the integrity of the harvested cells and revealed the diagnosis of intraocular lymphoma in the majority of the specimens using cytopathology alone, without the implementation of complementary studies (*i.e.* genetic studies).

Compared to the 20-gauge vitrectomy that necessitates conjunctival incisions, sclerotomies, and scleral sutures, small-gauge transconjunctival vitrectomy such as the 25G-TSV offers significant reduction of post-operative pain, rapid wound healing and speedy visual recovery [17,19,20,28-32]. It can be the preferable method in cases that require diagnostic vitrectomy with less intraocular manipulation [20].

Although rare events such as bleb formation at the sclerotomy site, transient ocular hypotony during the early post-operative period may be higher in 25G-TSV; no significant increase in rate of severe complications such as endophthalmitis was noted following 25G-TSV when compared to the conventional 20G vitrectomy [31,35-40]. The risk of other post-operative complications, such as retinal detachment and vitreous hemorrhage, was lower in 25G-TSV compared to the 20-gauge vitrectomy [20,32,41]. In the series by Yeh *et al* [14], 4 eyes developed transient postoperative hypotony. However, in our series no such complications were seen.

In conclusion, diagnostic vitrectomy using the 25G-TSV is superior to the tradition 20G vitrectomy for obtaining adequate vitreous samples for cytological analysis in suspected cases of IOL, where minimal intraocular manipulation is preferred.

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